

Simulation 1. Oral Exam and Dental Referral
Case Scenario 3
Student Copy

You are a physical therapist. A patient comes to you complaining of headaches and jaw pain.

Patient information.

Name: Alex

Age: 21

Occupation: Student

Reason for visit: Headaches and jaw pain due to previously diagnosed temporomandibular joint (TMJ) dysfunction.

As her physical therapist, you decide to perform an oral examination and make several observations.

Alex reports that she smokes about a pack of cigarettes a week and has done so for the past four years. During the examination, you find a white and red lesion on the base of

Alex's tongue. Alex says she noticed the lesion about a month ago but didn't think it was a big deal.

Photograph.

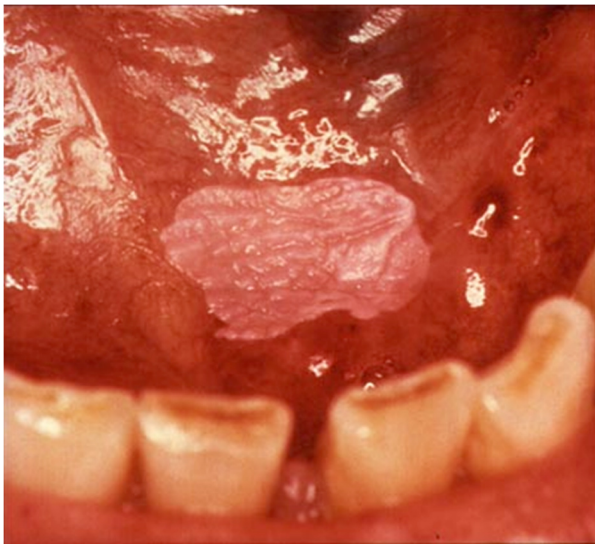


Photo: public domain