PACKING FOR A SEMESTER ABROAD

Please use the below list as a guideline to pick and choose what is essential for you. Please refer to the website for the most up-to-date packing list. Do additional research to identify items you may want to bring abroad.

Clothing

Water resistant footwear

Study hiking/walking shoes

Pair of flip-flops

Socks

Underwear

Shorts

Swimsuit

Hat

Professional outfit (a nice pair of pants/skirt; nice button-down top or blouse)

Skirts/pants

Shirts

Scarves and gloves

Sweaters/sweatshirts

Jackets/coats (for various weather conditions)

Sleepwear

Athletic wear (for exercising, sports)

Miscellaneous

Laptop/charger

Adapter and voltage converter

Camera

Phone

Books, e-readers, and travel guides

Water bottle

Duffle bag/backpack

Towel/washcloth

Flashlight

Umbrella

Scientific calculator (only applicable to certain courses)

(Optional) a small amount of local currency ($50-$100)

Textbooks (if applicable)

Documents

Please refer to your specific visa/travel process for documents or materials you will need to travel with. The below items are a general guidance for all students.

Passport

Visa documents (if applicable)

Flight Itinerary (boarding pass will be issued directly to the participants by the airline at the airport)

Photo ID

Copies of all credit/debit cards, passport and visa (and leave copies at home)

Health insurance card/documentation

Emergency contact and arrival information

Medicine and Toiletries

Prescription Medicine: Make sure you can travel internationally with your prescription; verify what documentation you need to legally transport your prescription. If possible, consult with your doctor about obtaining a supply of all medications for the duration of the program.

Comb/brush

Travel sized toiletries and cosmetics

Deodorant

Over-the-counter medicine

Feminine hygiene products

Razors/nail clippers

Extra eyeglasses and sunglasses

Contact lenses and solutions

Sunscreen