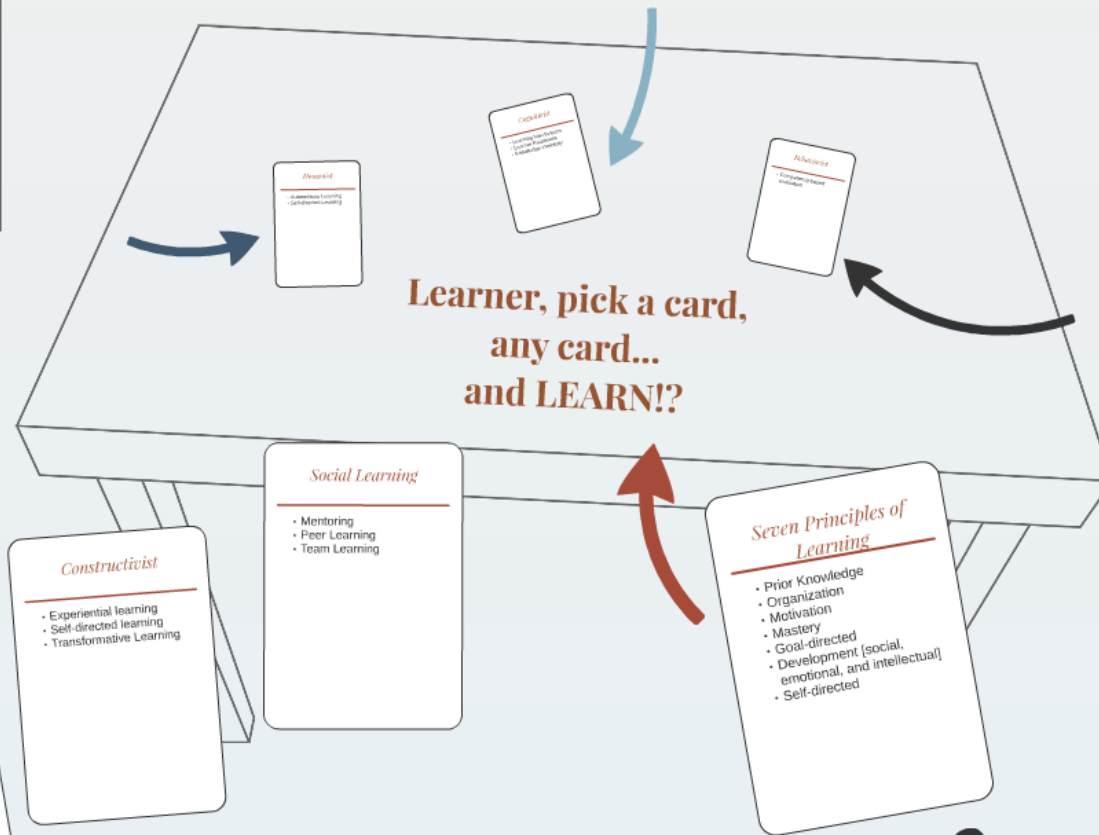


**Understanding the Foundations  
of Adult Learning**

**Patty Goodman, Ed.D.**  
NEU Adjunct Instructor

**P.A.G. Coaching & Associates...**  
*Prepare. Analyze. Grow. through  
listening and learning*



# Applying Adult Learning Theory to Self-directed Learning Experiences

# Understanding the Foundations of Adult Learning

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Learning Theory  
Representations  
Social  
Constructivist  
Experiential  
Learning  
Constructivist

emotional, ...  
• Self-directed

# Applying Adult Learning Theory to Self-directed Learning Experiences

# *Adult Learning Theory*

## *Orientations*

- Behavioral
- Cognitivist
- Humanist
- Social learning
- Constructivist

- Self-
- Trans

## *Constructivist*

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- Experiential learning
- Self-directed learning
- Transformative Learning

*Theory*  
*ns*

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# *Social Learning*

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- Mentoring
- Peer Learning
- Team Learning

ng

# *Humanist*

- 
- Autonomous Learning
  - Self-directed Learning

# *Cognitivist*

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- Learning how to learn
- Learner Readiness
- Knowledge inventory



# *Behaviorist*

---

- Competency-based evaluation

## *Seven Principles of Learning*

---

- Prior Knowledge
- Organization
- Motivation
- Mastery
- Goal-directed
- Development [social, emotional, and intellectual]
- Self-directed

*Humanist*

---

- Autonomous Learning
- Self-directed Learning

*Cognitivist*

---

- Learning how to learn
- Learner Readiness
- Knowledge inventory

*Behaviorist*

---

- Competency-based evaluation

**Learner, pick a card,  
any card...  
and LEARN!?**

*Social Learning*

---

- Mentoring
- Peer Learning
- Team Learning

*Seven Principles of Learning*

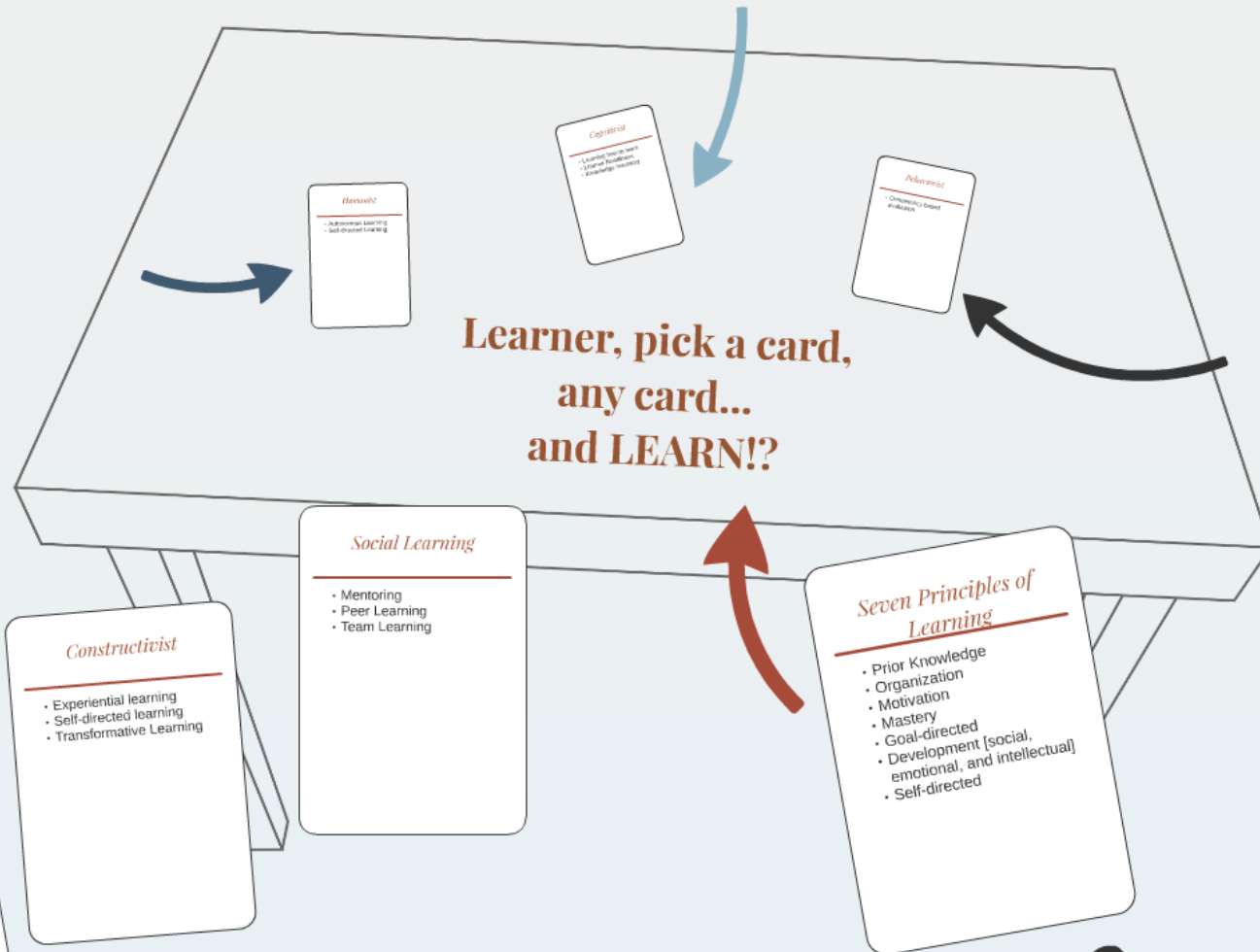
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• Judge

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