



# NU Intramural Sports

## Banned Equipment and Jewelry Policies

The officials and supervisors on duty have the authority to disallow any participant from wearing any equipment, jewelry, or apparel which in their judgment is dangerous or disadvantageous to other participants. This is a rule for the safety of all participants, including the wearer of such apparel, and applies to any and all dangerous equipment and jewelry. There are no exceptions to these policies except as outlined below for religious jewelry and headgear.

### Religious Jewelry and Headgear

If you wear religious jewelry or headgear you must follow our approval procedure below before you can participate in an Intramural Event:

1. Approval of Religious Apparel as Religious Jewelry/Headgear:
  - a. A meeting must be set-up with the Director of Spiritual Life, **at least 5 business days prior to your first game**, to discuss the Religious Jewelry/Headgear in question and gain approval of the Religious Jewelry/Headgear, as such.
  - b. Once approved by the Director of Spiritual Life, an email/memo will be sent to the Director of Intramurals and the Participant.

\*\*\*Please note that just because the Religious Jewelry/Headgear has been approved by the Director of Spiritual Life does not mean that you have permission to wear it during an Intramural Event. \*\*\*

2. Approval of Religious Apparel for Intramural Play:
  - a. A meeting must be set-up with the Director of Intramurals, **after the Director of Spiritual Life has sent the email/memo and at least 3 business days prior to your first game**, to discuss the safest way to secure the religious jewelry to the body.

\*\*\*This may mean that one has to purchase a sweatband, headband, or athletic tape to secure the religious jewelry/headgear to the body. \*\*\*

- b. Once you have approval from **BOTH** the Director of Spiritual Life and the Director of Intramurals, an email/memo will go to the Intramural Staff, Team Manager, and Participant about the proper procedure for wearing the approved Religious Jewelry or Headgear.

### Jewelry Policy

Jewelry is not allowed to be worn by any participant during an Intramural event. This includes any rings, watches, necklaces, earrings, bracelets, any unconcealed body piercing and any other such similar jewelry. Medical bracelets are permissible but must be secured to the body. No exceptions will be made for jewelry which is made to be permanent or that is unable to be removed. Taping over, or using a band-aid to cover restricted jewelry is not permitted as it may not secure the jewelry in question.

### Shoe Policy

All participants must wear proper shoes. A shoe shall be considered proper if it is made with either canvas or leather uppers or similar material. Street, turf shoes, and sandals are not allowed. The sole may be smooth or molded, non-marking, and non-abrasive. No metal, or shoes similar to metal sole and heel plates will be allowed. The supervisor has the authority to disallow any type of dangerous footwear.

### Headgear Policy

Headgear is not allowed to be worn by any participant during an Intramural event. For INDOOR sports this headgear consists of any hats, bandanas, baseball caps, winter/wool hats, and any other such similar headgear. This also applies to OUTDOOR sports with the following exceptions: in winter wool hats are allowed. The officials and supervisors on duty have the authority to disallow any participant from participating that they feel would endanger the person wearing the headgear or their opponents until it is removed.

**Additional Safety Information**

NONE of the following are allowed to be worn by any participant during an Intramural event:

- Street pants (jeans, khakis, etc.)
- Bare feet
- Baseball Hats
- A guard, cast or brace made of hard and unyielding leather, plaster, pliable (soft) plastic, metal or any other hard substance - even if covered with soft padding - when worn on the elbow, hand, finger, wrist or forearm.
- Bandanas (Except a headband no wider than 2 inches and made of nonabrasive, unadorned, single-colored cloth, elastic, fiber, soft leather or rubber may be worn. Rubber/cloth (elastic) bands may be used to control hair.)

**Players and teams that are found to be in violation of this policy, and thus endangering the safety of all of the participants, will be penalized with an UNSPORTSMANLIKE PENALTY assessed to the violating player and their team. The player will be removed until the equipment or jewelry in question is removed.**