

SUPPORT FOR

# GRADUATE STUDENTS ONLY\*

**Tuesdays 5:00—6:00pm**

**Beginning October 20th**

**University Health and Counseling Services**

**135 Forsyth Building**

**Call 617-373-2772 to register**

**Stay grounded and focused** while you negotiate multiple roles, address academic and professional stresses and manage relationships (friends, family, significant others and advisors). **Gain support** and enhance **problem solving** and **coping skills**.

**Northeastern  
UHCS**

UNIVERSITY HEALTH AND  
COUNSELING SERVICES

[www.northeastern.edu/uhrs](http://www.northeastern.edu/uhrs)

**\*Please note that this group is only for graduate students who have paid the Health Center Fee.**