

## Public Health Alert- H1N1 Influenza Information

Updated 4:00pm 5/6/09

The Massachusetts Department of Public Health (DPH) has announced additional confirmed cases of the H1N1 Flu over the past 2 days. The increase in numbers of confirmed cases is a result of a back log of tests that can now be done at the state lab rather than being sent to the Centers for Disease Control and Prevention in Atlanta.

Another source for the latest information regarding the H1N1 Flu is the DPH's blog at [www.mass.gov/blog/publichealth](http://www.mass.gov/blog/publichealth).

The recommendations for self isolation and self care that are in place for seasonal flu remain in effect for the H1N1 Flu.

There is no vaccine currently available for the H1N1 Flu, but health officials continue to work on development of a vaccine. We would like to stress the importance of getting a flu vaccine every year as it is an excellent preventative measure.