WHAT ROLE DOES PRESCRIPTION DRUG MISUSE PLAY IN YOUR LIFE?

For a lot of us, it can be difficult to conduct an accurate self-assessment when it comes to issues like this. Is it easy to have some objective questions to consider, such as:

- Have you ever used a friend’s prescription medication to get high or feel good?
- Have you ever taken a prescription stimulant to help you study the night before an exam?
- Have you experimented with someone else’s prescription medication to get high or feel good?

If you answered YES to one or more of these questions, consider a confidential check-in at O.P.E.N. to discuss the role that prescription drug misuse plays in your life.

"WHAT’S THE BIG DEAL?"

Prescription medication misuse poses special considerations because, often, the beginning of use is misuse: very prevalent. Recent research is increasingly showing ties to other risky behaviors like binge drinking.

90% of college students who used Adderall misuse in the past year were also binge drinkers.

A PLACE TO CHECK IN

O.P.E.N. offers a student-confidential, confidential, no-appointment consultation about drug and alcohol use. Check-in may be in a small group with other MS students or with an individual staff member. You can get personalized feedback about your use of cigarettes or other drugs. Check-ins are not peer-treatment sessions. We encourage students to make informed decisions and strive to reduce harm that can be associated with alcohol and other drug use and abuse.

To learn more or to set up an information appointment visit www.northeastern.edu/open

"My check-in was eye-opening. Talking about issues related to alcohol without the risk of getting in trouble was a great resource."

GET SMART, CHOOSE SMART.

A youth-focused, non-judgmental resource for students.
PRESCRIPTION MEDICATIONS

Prescription medications, when taken as prescribed, are usually very helpful to a lot of people, however some medications from the past may cause a strange feeling when they are used.

Use the booklet to:

1. Find information about prescription drugs
2. Speak to a health care provider about the drug
3. Use as an extractor of what P.E.N. is for use in the future

BE INFORMED

Even though prescribed medications, when taken by others, or not as directed, can provide great benefits, when used incorrectly, can cause harm.

One thing to keep in mind is that people can become dependent.

PRESCRIPTION DRUGS CAN BE ADDICTING

The older person does not become addicted to some prescription drugs for non-medical reasons at any time more likely to develop a drug abuse problem than those who do.

UNDERSTAND THE CHEMISTRY

Some additional facts about different types of prescription medications and their effects on the body.

STIMULANTS

Examples include Adderall, Ritalin, Concerta, Strattera, and Speedo.

FACET: Many energy drinks also contain substances designed to produce a stimulant effect. As such, they may be classified under the category of drugs.

Method of action: Stimulates the release of dopamine, serotonin and norepinephrine as well as other brain chemicals that increase alertness and increase heart rate.

Potentially dangerous interactions: This drug can be dangerous when other drugs are combined.

CENTRAL NERVOUS SYSTEM (CNS) DEPRESSANTS

Sometimes referred to as sedatives or tranquilizers, used in the treatment of anxiety and stress disorders, hypnotics, and narcotics.

Method of action: CNS depressants work by slowing the brain’s activity. They can produce a drowsiness or sedative effect.

Potentially dangerous interactions: This drug can be dangerous when other drugs are combined.

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MIXING ALCOHOL AND PRESCRIPTION DRUGS

Luping the effects of other prescription drugs, alcohol, drugs and sedatives can be a dangerous mixture. The effects of the drug are multiplied by the impairment caused by alcohol.

DEPRESSANTS AND ALCOHOL MESS WITH THE EFFECTS OF DEPRESSANTS

As with alcohol, sedatives increase the effects of other sedatives and depressants, potentially leading to death and may lead to death.

If not regulated, you may be at risk, cause when they cause pain, you should report them to their group or the DEA.

DOES NOT EQUAL 2

"Isn’t everyone doing it?"

NO: Due to 80% of Northwell students have not used prescription drugs that were prescribed to them in the past year. Luping the frequency, memory, how much more use prescription medications because it’s more affordable or they have been prescribed by their doctor.

It’s not everyone doing it, that may not be the case.

"Do you have any other drug, cause when they cause pain, you should report them to their group or the DEA."

Way helpful, felt threatened and judg them, gave them use information and tips for to make smarter decisions down the road. Definitely a positive experience.

O.P.E.N. is for ways to students on habits that may affect short-term and long-term goals. Without the opposition I felt my head was truly on straight and that was the right path not only with my嗑药 but starting a career, but also with how I dealt with and control certain desires or distractions.

The booklet to:

- Using higher doses or taking more often than prescribed
- Taking other people’s prescription medications
- Altering the excretion’s delivery method (e.g. crushing or snorting)
- Using a prescription medication in order to get high.

If you take a prescription for a medical reason, you have been prescribed to them in the past year. Luping the frequency, memory, how much more use prescription medications because it’s more affordable or they have been prescribed by their doctor.

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