

Name :

Student ID:

Alcohol Consumption Chart

Date	Time (AM/PM)	Drink Type	Amount (oz.)	Where	With Whom	Mood
						One Drink Equals: 4 oz. wine 1 cooler 12 oz. beer 1.25 oz. hard liquor Adjust quantity accordingly; a 16 oz beer = 1.25 drinks and a 6oz. glass of wine = 1.5 drinks.
						Where Codes: 1 = Tavern/Bar 2 = Restaurant w/food 3 = Own Living Group 4 = Other Dorm 5 = Fraternity/Sorority 6 = Party 7 = Sporting Event 8 = In a Vehicle 9 = Outside 10 = Friend's Apartment
						With Whom Codes: 1 = Alone 2 = Relatives 3 = Male Friend(s) 4 = Female Friend(s) 5 = Friends of Both Sexes 6 = Strangers 7 = Spouse/Partner 8 = Other
						Mood Codes: 1 = Happy 2 = Outgoing 3 = Romantic/Sexy 4 = Bored 5 = Celebrating 6 = Sad/Depressed 7 = Frustrated 8 = Shy 9 = Stressed 10 = Anxious 11 = Afraid

Use additional sheets if necessary. E-mail your completed form to open@neu.edu by clicking the button below.