Welcome to The N.U.in Program

The N.U.in Program is unique and innovative first-year international program that reflects the mission of Northeastern University: encouraging our students to grow as individuals, develop an affinity for Northeastern, and actively engage in a supportive community that emphasizes global citizenship and a holistic academic experience.

The N.U.in Program is a good fit for students who wish to engage in a personally challenging and academically integrated experience with an international edge. The N.U.in Program provides a truly transformative experience to students who are ready for the challenge. Our students are well-prepared for translating their knowledge into marketable assets throughout college and in the future. N.U.in alumni are adventurous, ambitious, intellectually curious, reflective, and independent individuals who engage in their own learning. They share a passion for the world and thrive in their community.

Wishing you a great 2016 semester!

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INTRODUCTION

The N.U.in Program provides an enrollment opportunity for talented students who we wish to welcome to our community but are unable to accommodate on the Boston campus in the fall. N.U.in is a selective program designed for those who are especially motivated to enroll at Northeastern and to participate in co-op and other experiential learning programs. This unique first-year experience provides students with the support to develop as trailblazers with skills to differentiate themselves in the classroom, the job market, and beyond.

Goals

• To provide students with an early opportunity to have an enriching first-year international experience
• To provide a supportive environment that encourages students to develop self-awareness, enhanced cultural sensitivity, respect for diverse beliefs and opinions, ability to interact and collaborate with individuals and communities of diverse backgrounds
• To provide N.U.in participants with a holistic academic experience while earning credit toward their Northeastern undergraduate degree
• To provide structure and support to help transition from high school into college
• To provide guidance to families and students as they navigate this important transition
• To foster a community-building environment
• To build Northeastern affinity and orient students to Northeastern culture
**USEFUL CONTACTS**

### GENERAL

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>The N.U.in Program office</td>
<td>northeastern.edu/nuin</td>
<td>617.373.6447</td>
</tr>
<tr>
<td>Housing and Residential Life</td>
<td>northeastern.edu/housing</td>
<td>617.373.2814</td>
</tr>
<tr>
<td>New Student Orientation</td>
<td>northeastern.edu/orientation</td>
<td>617.373.3868</td>
</tr>
<tr>
<td>Student Financial Services</td>
<td>northeastern.edu/financialaid</td>
<td>617.373.2270</td>
</tr>
<tr>
<td>University Health and Counseling Services</td>
<td>northeastern.edu/uhcs</td>
<td>617.373.2772</td>
</tr>
<tr>
<td></td>
<td>TTY</td>
<td>617.373.5973</td>
</tr>
<tr>
<td>Help Desk - myNEU Portal Assistance</td>
<td><a href="mailto:help@neu.edu">help@neu.edu</a></td>
<td>617.373.4357</td>
</tr>
<tr>
<td>International Student and Scholar Institute</td>
<td>northeastern.edu/issi</td>
<td>617.373.2310</td>
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### COLLEGES & PROGRAMS

<table>
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<tr>
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<tbody>
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<td>Bouvé College of Health Sciences</td>
<td>northeastern.edu/bouve</td>
<td>617.373.3320</td>
</tr>
<tr>
<td>College of Arts, Media and Design</td>
<td>northeastern.edu/camd</td>
<td>617.373.3682</td>
</tr>
<tr>
<td>College of Computer and Information Science</td>
<td>northeastern.edu/ccis</td>
<td>617.373.2462</td>
</tr>
<tr>
<td>College of Engineering</td>
<td>northeastern.edu/coe</td>
<td>617.373.2154</td>
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<tr>
<td>College of Science</td>
<td>northeastern.edu/cos</td>
<td>617.373.5085</td>
</tr>
<tr>
<td>College of Social Sciences and Humanities</td>
<td>northeastern.edu/cssh</td>
<td>617.373.3980</td>
</tr>
<tr>
<td>D’Amore-McKim School of Business</td>
<td>damore-mckim.northeastern.edu</td>
<td>617.373.3270</td>
</tr>
<tr>
<td>Program for Undeclared Students</td>
<td>northeastern.edu/undeclared</td>
<td>617.373.2306</td>
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THE N.U.in PROGRAM STAFF

Spending a semester abroad is an exciting and rewarding opportunity, and The N.U.in Program is committed to maintaining an academically challenging, healthy, safe and fun environment for all students. As part of this commitment, Northeastern provides staff members at each location who accompany and provide on-site support to students, 24 hours a day, 7 days a week.

Each location has:

- Site Lead
- Assistant Site Leads (based on location enrollment)
- International Student Advisors (ISAs)

Site Leads and Assistant Site Leads all hold advanced degrees, and have experience in the student affairs and international education fields. ISAs are either current Northeastern students on co-op, or recent graduates of Northeastern. Together, this team can respond to a range of concerns and serve as a resource to participants on-site and family members at home. Email addresses for our Site Leads will be made available via email before departure.

Each team also has a Site Lead/Assistant Directors who is Boston-based. This person coordinates the planning with our international partners prior to enrollment and departure, works with students and parents during the pre-departure process, and communicates with site staff on a daily basis while participants are abroad. Assistant Directors are also a resource for parents and families throughout the fall semester.

Boston-based Staff

Director: Lauren Kettler
Associate Director: Gary Vogel
Senior Assistant Directors: Grant Dauber (Greece)
                                  Quinn Emmons (Canada and Ireland: UCD)
Assistant Directors: Laura Brond (Australia: SUT and USYD)
                        Josh Hochman (England, Germany and Ireland FIE @ DBS)
Site Leads/Transition Managers: Kate Berge, Alex Ries, and Anna White
Program Coordinators: Paola Santana and Tiffany Medeiros
STUDENT VISA

Student Visa for Australia

All N.U.in students need a passport, which must be valid for at least six months beyond the student’s scheduled program end date.

N.U.in Australia students require a student visa to study in Australia: Non-Award Sector Temporary Visa, subclass 575. This visa is not a physical stamp or sticker, but rather an electronic visa. Students can apply online, and once the visa is processed, they will receive a confirmation email which should be printed out and carried while traveling.

All N.U.in enrollment forms must be completed before students can apply for a visa. These forms are sent to Swinburne University of Technology, and then an eCOE (electronic Confirmation of Enrolment) is issued via email to each student. Once these documents are received, students may apply online for their visa.

Please visit our website to learn more about the visa process, and for a visa guide.

F-1 Student Visa for the US (International Students only)

All international N.U.in students must apply for a nonimmigrant student visa at a US Embassy or Consulate to start their Spring semester in the US at Northeastern University. For information regarding the requirements for an F-1 Student Visa, please contact your nearest Embassy or Consulate directly.

International students receive an information sheet detailing the application process for a student (F-1) visa with their admissions letter. The first step requires international students to submit certain paperwork, including the Declaration of Finances form to Northeastern. Once students submit the required documentation, they will then receive their I-20. Students must have their F-1 visa and be prepared to arrive to campus in Boston by early January.

The N.U.in Australia: USYD students who need to obtain F-1 visas should have time to complete this process after returning to their home country after the conclusion of the fall semester in Australia.

PACKING LIST

Generally, participants should pack as lightly as possible while remembering to bring essential items. This is not an easy task, so we recommend not waiting until the night before to begin packing. We suggest not over-packing, as rooms may be smaller by American standards. Please use the packing list provided on the following two pages as a guide for packing.
General Tips for Packing

- Remove anything that could be perceived as threatening or suspicious at a security checkpoint.
- Australian quarantine will not allow students to bring in any kind of fresh food, produce or nuts into Australia.
- Avoid over-packing so that all luggage and checked bags can be opened and closed with ease.
- Check with your airline prior to departure for any updates regarding luggage allowances.
- Take a few personal items that will help remind you of home (e.g. pictures, room decor, or any thing that you have an emotional tie with).
- Pack one warm jacket and/or sweater and comfortable walking shoes.

Pack for the Weather!

The weather in Sydney can be variable, especially during spring and autumn. Expect warm and cool, rainy and dry, windy and calm all in one day during these times. Participants will be in Sydney for the change of season from winter to spring. The average temperatures and precipitation in Sydney are:

<table>
<thead>
<tr>
<th>Month</th>
<th>Low</th>
<th>High</th>
<th>Precipitation</th>
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</thead>
<tbody>
<tr>
<td>July</td>
<td>46° F/8 °C</td>
<td>63° F/17°C</td>
<td>2.20 in</td>
</tr>
<tr>
<td>August</td>
<td>48° F/9 °C</td>
<td>64° F/18°C</td>
<td>3.90 in</td>
</tr>
<tr>
<td>September</td>
<td>54° F/12°C</td>
<td>68° F/20°C</td>
<td>2.56 in</td>
</tr>
<tr>
<td>October</td>
<td>57° F/14°C</td>
<td>72° F/22°C</td>
<td>3.46 in</td>
</tr>
<tr>
<td>November</td>
<td>61° F/16°C</td>
<td>75° F/24°C</td>
<td>4.57 in</td>
</tr>
</tbody>
</table>

Pack Lightly!

Remember, WHATEVER YOU PACK, YOU WILL HAVE TO CARRY. Be conscious of the weight of your bags, since transporting them around the world on planes, trains, and buses will be difficult if you over-pack.

- Put everything you plan to pack on your bed. Then, pack HALF of that amount. Most students say they brought about twice as much clothing as they needed!
- Bring mostly clothes that are machine washable. Dry cleaning may be expensive. Dark clothing will not show wear as quickly.
- In most cases, it may be better to purchase toiletries and appliances (hair dryers and straighteners) once you are in Sydney.

Adapter

An adapter is a device that will allow American appliances to be plugged into Australian outlets. They can be purchased at any electronics store for about $5. Students may want to consider buying a universal adapter for use outside of Australia if they are planning to travel during breaks, however, the Australian adapter can also be used in New Zealand.

Voltage Converter

The electricity supply in Australia is 240 volts alternating at a frequency of 50 Hertz. Some electrical appliances will require a converter. We strongly recommend that participants purchase items like hair straighteners and blow dryers in Australia to ensure compatibility. It is possible that the US versions of these appliances will either not work in Australia or will be ruined when used with a converter.
Use the below list as a guideline to pick and choose what is essential for you.

**Clothing**
- 1 pair of rainproof walking shoes
- 1 pair of flip-flops
- Socks
- Underwear
- Shorts
- 1 bathing suit
- 1 hat
- 1 professional outfit (a nice pair of trousers/skirt; nice button-down top or blouse)
- 1 dressy outfit
- Skirts/shorts
- Shirts
- Sweater/sweatshirt
- Poncho/rain jacket
- 1 light jacket/Windbreaker
- Sleepwear
- Athletic wear

**Documents**
- Passport and visa
- Extra copies of the photo page of your passport and visa
- Flight itinerary (boarding pass will be issued directly to the participant by the airline at the airport)
- Photo ID
- Cash, credit/debit cards (and copies)
*Remember to leave copies of all documents/credit cards at home!

**Medicine and Toiletries**
- Prescription Medicine (make sure you can travel internationally with your prescription, verify what documentation you need to legally transport your prescription; travel supply advised)
- Comb/brush
- Sunscreen, moisturizers, cosmetics
- Deodorant
- Aspirin/Tylenol/Ibuprofen products
- Feminine hygiene products
- Razors (in checked-luggage only)
- Extra eyeglasses and sunglasses
- Extra contact lenses and solution
- Tweezers, nail files/polish, etc. (in checked-luggage only)

**Miscellaneous**
- Watch
- Journal
- Books, guides, maps
- Duffle bag/Backpack
- Change purse
- Luggage lock/tags
- Battery operated alarm clock
- Adapter and voltage converter
- Towel/washcloth
- Ethernet cord
- Required textbooks (can be bought on-site as well)
- Laptop/charger
- Scientific calculator (only applicable to certain majors)

**Notes**
GROUP FLIGHT

Pre-departure

Participants on the Group Flight must check their email for an important Departure Information communication that will include all details for the day of travel, including phone numbers to call in case of a travel delay or emergency. To ensure the safety of everyone, both students traveling on the Group Flight and those traveling independently must provide N.U.in with the details of their itinerary, including any and all connecting flights. Students will receive an email prompting them to provide these flight details prior to departure.

Travel to Australia

Participants travel independently from their home cities to join the Group Flight in Boston, Los Angeles, or New York. Students will check in with N.U.in staff in Los Angeles in the Tom Bradley International Terminal outside of security 3 hours before the Group Flight departure. Students then travel on the Group Flight together, and N.U.in site staff greet them in the airport in Sydney, Australia. Buses will be waiting to take students directly to the student residence hall.

We ask that participants wear their N.U.in t-shirt for identification purposes in the airport in Los Angeles, Boston, Los Angeles, or New York.

Departure from Australia

On the last day of the program, buses will be arranged to bring participants on the Group Flight to the airport from the residence hall. From there, students will go through security together and travel as a group back to the US. Students may depart for home, or travel elsewhere, once all finals and academic requirements have been completed.
INDEPENDENT TRAVELERS

Pre-departure

Any participant who chooses to fly to Sydney separately from the Group Flight books his/her own flights, and will receive a credit on their bill equal to the cost of one Group Flight airline ticket to their fall semester tuition bill.

Just like participants on the Group Flight, independent travelers must check their email for an important Departure Information communication that will include all details for the day of travel, including phone numbers to call in case of a travel delay or emergency. To ensure the safety of everyone, both students traveling on the Group Flight and those traveling independently must provide N.U. with the details of their itinerary, including any and all connecting flights. Students will receive an email prompting them to provide these flight details prior to departure.

Travel to Australia

Participants travel independently from their home cities to Sydney, and must arrive on site by July 17, 2016. If an independent traveler’s flight arrives to Sydney around the same time as the Group Flight, he/she may utilize the buses set up for those students.

Students arranging their own transportation to USYD’s campus should note the address of the student residence:

Urbanest Sydney Central
483 Wattle Street
Ultimo NSW 2007

Departure from Australia

On the last day of the program, buses will be arranged to bring participants to the airport from the residence hall. If an independent traveler’s flight is departing on or around the same time as the Group Flight, he/she may utilize these buses to get to the airport. Otherwise, independent travelers are responsible for their own transportation to the airport.
ABOUT SYDNEY

Location & Time Zone

Sydney is a cosmopolitan city with a population of over 4 million, located in the southeast of Australia, along the coast, in the state of New South Wales. It is within the AEST (Australian Eastern Standard Time) zone, and the time difference between the Eastern Standard Time in the US fluctuates throughout the semester (13-15 hours ahead of EST), based upon Daylight Savings Time.

Climate & Weather

A tip for any visitor is to be prepared for anything – wear layers that can be added or removed as needed. We recommend you purchase heavier items (e.g. umbrellas, shampoo and conditioner) on site.

REMEMBER: Participants will be in Australia during WINTER and EARLY SPRING. The weather in Sydney can be variable, especially during these seasons. Expect warm and cool, rainy and dry, windy and calm all in one day during these times.

Public Transportation

Sydney’s public transportation system features a vast network of train, bus, light rail, and ferry services. N.U.in students have easy and convenient access to a number of train and bus stations that are located within walking distance of the residence hall and University of Sydney campus. There is also a dedicated bus line that runs through campus and has multiple stops, one of which is the nearest train station.

Participants can purchase Opal cards to take full advantage of the effective transportation network across and beyond the city. The Opal card comes with a weekly travel reward whereby once students take eight paid journeys Monday through Sunday, each ride thereafter will be 50% off, even to places as far as Newcastle, the South Coast, and the Blue Mountains.
Money & Banking

Australia’s currency is the Australian Dollar (AUD). Current rates of conversion can be found on an array of different websites.

Participants are strongly discouraged from opening an Australian bank account while abroad. We recommend using an ATM card to withdraw money. Visa and Mastercard are the most widely accepted credit cards in Australia. Students should notify their bank and creditors that they will be studying in Sydney prior to their arrival to ensure that the bank does not enact fraud procedures and deactivate or lock the student’s bank cards. Credit cards should be used wisely though, as the foreign transaction fees can add up quickly. We recommend that participants conduct research prior to departure to better understand how their bank cards will work abroad. Certain credit cards do not have foreign transaction fees, and some banks have partnerships abroad to allow for withdrawals to be done without a fee.

Cultural Overview

As Australia’s global city, Sydney is home to one of the world’s greatest multicultural populations. Known for its iconic opera house, Sydney plays host to an incredible variety of cultural events throughout the year, from festivals and celebrations to exhibitions, sporting events, productions, and shows. Sydney serves as the center of a number of leading arts and cultural organizations. Its vibrant and cosmopolitan atmosphere makes Australia’s largest city a choice destination for many all over the world.

In addition to being Australia’s most-visited city, Sydney is also recognized on a global scale as a leader in environmental sustainability, providing N.U. students with the opportunity to live and study in a setting that embraces innovation and discovery.

Sport is also a significant part of Australian culture, and students may have the chance to witness some of Australia’s most significant sporting events, such as a lively AFL (Australian Rules Football) match.
UNIVERSITY OF SYDNEY

About the University of Sydney

The N.U.in Australia: USYD Program partners with the University of Sydney (USYD). Founded in 1850, USYD was Australia’s first university and today sits among the highest-ranked universities in the world. Known for its reputation of global leadership in research and education, the University upholds its founding principle of being a modern and progressive institution.

N.U.in students have the opportunity to live and learn in a setting that embraces innovation and discovery. At the same time, USYD’s student population of over 50,000 also enjoys the benefits of being located in such a dynamic and multicultural city, earning its rank as the fourth-best student city in the world.

Campus Buildings & Resources

The University of Sydney campus offers access to a top-tier library, wireless internet, and a wide range of student organizations and activities. The following buildings and resources will soon become familiar:

**Fisher Library**: Largest academic library in the southern hemisphere, and only one of nearly dozen different libraries available to students.

**Sydney University Sport & Fitness**: On-campus gym that includes an Olympic-sized pool, weight rooms, rock wall, squash courts, and yoga studio.

**MATES Abroad**: Program in which N.U.in students are paired with local Aussie student mentors to jump-start their social network and serve as a resource for all things Sydney-related.
STUDENT RESIDENCE

Overview

N.U.in students live in Urbanest, a student accommodation just a short walk away from the USYD campus. Students are housed in double bedrooms within shared, eight-person apartments, primarily with N.U.in participants as well as with other international students. Each bedroom is equipped with two beds, desks, chairs, bookshelves, and wardrobes. Each apartment has a shared living area and kitchenette, complete with microwave, cooktop, oven, and refrigerator. Please note students will need to provide their own cutlery, dishes, and basic cooking equipment. Additional amenities include:

• Ensuite bathrooms
• Beds raised for luggage storage underneath the beds
• Wireless internet throughout the building
• Students will receive both a Linen and Kitchen Pack upon arrival, which include:

<table>
<thead>
<tr>
<th>Kitchen:</th>
<th>Linen:</th>
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<tbody>
<tr>
<td>Cup</td>
<td>Duvet</td>
</tr>
<tr>
<td>Saucepan</td>
<td>Pillow</td>
</tr>
<tr>
<td>Plate &amp; Bowl</td>
<td>Fitted sheet</td>
</tr>
<tr>
<td>Cutlery</td>
<td>Hand towel</td>
</tr>
<tr>
<td>Frying pan</td>
<td>Bath towel</td>
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</tbody>
</table>

For a full list of provided items please visit our website.

Mailing Address

[Student’s Name]
Urbanest Sydney Central Student Accommodation
Ultimo 483 Wattle St.
Sydney NSW 2007
Australia
Common areas

There are common areas available to all residents of Urbanest, including a TV room, games room, media room, study rooms, communal kitchen, courtyard, and gym.

Laundry

There is coin-operated laundry available within the building. Students will need to provide their own detergent.

Moving In & Out

After arriving in Australia, participants will complete a room condition report within 48 hours of moving in to document the condition of the apartment.

It is important that students document the precise condition of the apartment upon arrival to ensure that they are not billed for damages for which they are not responsible.

Roommate Placement

The N.U.in Australia: USYD students will live with one other N.U.in student in a shared double bedroom, within an eight-person apartment (made up of four double bedrooms). Students receive their roommate assignments once they arrive in Sydney. We encourage students to develop adaptability skills and to broaden their social network as much as possible, and as such, we are not able to accommodate roommate requests.

Living with roommates can certainly be an adjustment for some students. Students can prevent conflict by being proactive with their communication. Keep in mind that the N.U.in on-site staff is available to students who are seeking advice about how to handle a roommate conflict.
PROGRAMMING & EXCURSIONS

Programming

The N.U.in Program aims to foster the development of a tightly-knit community. One avenue for community-building is programming, planned by both USYD and N.U.in staff. Our International Student Advisors (ISAs) are involved in planning weekly free or low-cost activities to encourage students to come together for some fun and to get to know each other.

Programs cover a variety of topics, including, but not limited to, local culture/events, academics, health and safety, and transition to Northeastern. Some examples could include:

- “Family” dinners around the city
- Wildlife sanctuary visits
- A National Rugby League game
- Cruise around the Sydney harbor
- N.U.in Husky Day
- Northeastern trivia night

Excursions

Also included in the program fee are several excursions which take place throughout the semester. In Australia, students will have the chance to discover different areas around Sydney, and spend time in other parts of Australia. Dates will be confirmed once students are on site. The following are potential examples and are subject to change:

N.U.in-sponsored Trips
- Melbourne
- Jervis Bay
- Blue Mountains

N.U.in staff accompany participants on all sponsored excursions, and all transportation is pre-planned and included. Students will be required to sign up for all excursions prior to attending so that appropriate plans may be made. While excursions are not mandatory, please understand that they are included in the cost of the program, and monetary credits cannot be issued to participants who do not attend.
STAYING IN TOUCH WITH HOME

Staying in Touch

Keeping in touch with family and friends back home can be difficult at times with the hustle and bustle of classes, adjusting to a new country, and the myriad activities and adventures that can be had while abroad. Past N.U.in students have suggested that it is best to set up a schedule for calling home to check in every week. Frequency of check-ins, of course, can vary depending on students’ schedules, but having a set time can make time differences much easier and less stressful to handle.

By far the least expensive way to stay in touch with family and friends back at home is over the Internet. There are choices of instant messaging services that allow voice chat (such as Whatsapp messenger), or voice over IP phone programs such as Skype or Vonage, which allow you to video chat for free, or call directly to a phone for a small per-minute fee. For an annual fee, you can purchase a local US number, allowing family and friends at home to call and pay what they would to call an area code in the US. Calls are received through a computer and voicemails can be left with this service. The person at the other end also has to be connected and running the same program (i.e., calls are best scheduled ahead of time).

Cell Phones

For safety reasons and for ease of communication, participants are required to have a working cell phone with a local Australia number for the duration of their time abroad. Phones must be acquired and working within a week of arriving on-site. During on-site orientation, students typically have a chance to learn more about phone plans and purchase a phone. Participants should research, ahead of time, the mobile phone options available to them during their time abroad.

Since participants will only be in Australia for 4 months, pay-as-you-go phones are typically the most economical option. Students can choose to purchase a new cell phone with texting and email, depending upon budgetary limitations. Alternatively, students can utilize their existing phone by unlocking it prior to departure and purchasing a SIM card once in country to obtain an Australian phone number. We recommend speaking with your existing wireless carrier to discuss what options may exist for global calling, or if your phone can be used with a SIM card while abroad.

While The N.U.in Program does not endorse any particular cell phone plan or company, students can research many mobile phone providers, such as Telcos. There are a variety of providers located in the Broadway Shopping Centre, which is on the corner of campus closest to the student’s accommodation. For more information please see: http://www.broadway.com.au/.

- Optus
- Telstra
- Vodafone
CULTURE SHOCK

As a visitor from another country, you may experience culture shock at some point during your N.U.in experience. Culture shock is defined as the lack of direction, the feeling of not knowing what to do or how to do things in a new environment, and not knowing what is appropriate or inappropriate. The feeling of culture shock generally sets in after the first few weeks of arriving to a new place. Some students experience all of these symptoms, while others may not encounter any feelings of culture shock. Generally, most students will fall somewhere between the extremes.

Symptoms of Culture Shock

• Comparisons and unwarranted criticism of the new culture and people
• Constant complaints about the climate
• Heightened irritability
• Preoccupation with returning home
• Continual offering of excuses for staying indoors
• Utopian ideas concerning one’s previous culture
• Continuous concern about the purity of water and food
• Refusal to learn the language
• Preoccupation about being robbed or cheated
• Pressing desire to talk with people who “really make sense.”

Dealing With Culture Shock

These are a few strategies that participants can implement to help cope with the stress of culture shock. Remember, these are easier said than done, so students will really need to push themselves to act on the following.

• Realize that this is a normal process.
• Don’t be quick to judge – keep an open mind.
• Set some personal goals and evaluate your progress.
• Get involved in activities or find a hobby.
• Talk to your Site Lead, Assistant Site Lead(s), or ISAs – they can help!
• Make an appointment to see an on-site mental health professional.
• Ask questions.
• Exercise.
• Be patient and don’t compare.
• Don’t take yourself too seriously.
• Treat yourself to your “must haves” from a specialty market.
• Allow yourself to feel sad about the things that you have left behind: your family, your friends, etc.
• Find ways to live with the things that don’t satisfy you 100%.
OVERVIEW

Compatible Colleges

College of Arts, Media and Design | College of Social Sciences and Humanities | Program for Undeclared Students

Courses

• 4 USYD Courses
• 1 Northeastern Course titled The Global Experience
• Courses fulfill NU Core, Major, and Elective Requirements
• 17 – 19 Northeastern credits for a successfully completed semester

FALL 2016 & SPRING 2017 COURSE REGISTRATION

Fall 2016 Course Registration

Participants should have already registered for courses online through their myNEU portals. Schedules (with days and times) will be available to students upon arrival on-site.

Fall 2016 Course Changes

After May 20, our partners begin to prepare their resources and have a number of elements to consider, including classroom space, number of sections for each course, scheduling, availability of faculty, etc. Before any changes are made on-site to a student’s schedule, The N.U.in Program and Northeastern University Advisors must confirm and approve any changes. Students who receive AP/IB/other college credit can have their schedules adjusted by their academic advisors only.

Spring 2017

Registration for spring classes takes place in early- to mid-November. The registration process is different for each college. When processing course registration, advisors have access to current N.U.in course information and any AP, IB, or transfer credit during high school through college courses or examinations. Depending upon the flexibility of their major’s curriculum, students may be pre-registered for all, or just a few, courses during the month of November by their advisors. Northeastern college advisors will contact students via email regarding course selection and any college-specific protocols in October.

All students meet with their academic advisors during Spring New Student Orientation in January to finalize their schedules and to rectify any concerns. If students have additional questions they may contact their college directly. Contact information for academic advisors can be found on the N.U.in website.

Students should also consider the N.U.in staff as a resource during the registration period, as all International Student Advisors (ISAs), are current Northeastern students, or recent graduates of Northeastern. They can be especially helpful to those students who are not pre-registered for all of their spring courses, and may need to register for courses using Northeastern’s online system.
AUSTRALIAN ACADEMIC ENVIRONMENT & STRUCTURE

General Information

The University of Sydney operates in 13 week semesters, followed by a 2-3 week final exam period. Most classes have 3-6 hours of contact per week, distributed between lectures and smaller groups (tutorials, seminars, labs).

Academic Environment & Etiquette

The overall environment is generally informal, with titles like “professor” seldom being used. Informality should not be confused with slackness, however. The workload is not excessive, but students can expect to do 2 hours of work at home for every 1 hour in class. Faculty and students often have a friendly working relationship when expectations are met on both ends.

Some classes will be with locals, while others will be primarily N.U.in students. Talking to fellow students is not permitted in lectures, though it is very much encouraged in tutorials, when appropriate. Remember that as international students, you have a different outlook, and your specific cultural expertise is highly valued. Most lecturers and tutors like interaction, and are willing to be challenged.

Studying

When it comes to classes, preparation counts a lot. Lectures are usually designed to provide broad overviews and key concepts, with readings included to offer more detailed coverage. Tutorials, seminars, and labs allow students to test ideas or practice skills learned in lectures and through independent study.

Exams & Success

Assessments in Australia tend to be more concentrated and worth a greater proportion of a final grade compared to the USA. Exams are very formal in Australia, and may be intimidating for those who have never experienced this atmosphere previously. Students will be required to bring their ID, and no belongings are allowed in the exam room. Academic integrity is especially important, and any form of cheating or plagiarism will not be tolerated.

To be successful, participants should attend all classes and tutorials (email your lecturer if you are unable to attend because of illness), keep up with the readings and homework, and hand in all assignments on time. One of the most common mistakes students make is not asking for help when it is needed. Resources are available for students who need assistance, but they must seek out tutoring or extra support.

Learn the Lingo!

In Australia...

“Course” means “Major”
“Unit” means “Class”
“Lecturer” means “Professor”

ACADEMICS
RESOURCES & ACCESSING THE NORTHEASTERN LIBRARY

Seeking Assistance

Tutoring and additional support is available for participants, but they must first seek out these resources. Students may speak to their lecturer or an N.U.in staff member to discuss any issues that they may be having academically. At the midpoint of the semester, each student will sit down with either the Site Lead or an Assistant Site Lead for an individualized check-in meeting. These meetings are used to identify how students are adjusting culturally, as well as academically, and can be a good opportunity for students to reach out for assistance before beginning the second half of the semester.

Academic Resources

USYD’s Learning Centre provides resources for students to build and extend the skills they need for academic success in the Australian higher education environment. The Learning Centre’s services include workshops, individual meetings, support programs, and print and online resources for students.

The Mathematics Learning Centre offers assistance to students to develop the mathematical knowledge, skills, and confidence needed for studying math or statistics at the university level. The Centre offers free individual assistance as well as group tutorials.

In addition, the University’s Writing Hub provides support and workshops for students looking to improve their writing skills in developing arguments, critical thinking, and composition.

Accessing the Northeastern Library

N.U.in students may utilize the electronic resources available through the Northeastern University Library by accessing http://www.library.neu.edu.

Learning Disabilities

USYD is committed to increasing and enhancing practices and educational opportunities for people with disabilities. Disability Support Officers are available and fully participate by determining students’ needs and clarifying the necessary information to be passed on to academic staff. Any participant requiring accommodations must provide documentation to the University of Sydney prior to departure. Upon arriving to Australia, students may make an appointment with a Disability Support Officer to review their documentation and develop an individualized plan based upon the necessary accommodations. Students can begin the registration process for Disability Support services through the online enrolment task, available from mid-July or by contacting the Disability Support services office directly after completing the online enrolment task.
THE GLOBAL EXPERIENCE COURSE

Overview

The Global Experience course is a one-credit class taught by each location’s N.U.in site staff (Site Leads and Assistant Site Leads). All participants at all locations take this class, making it the main unifying element of The N.U.in Program.

Course Description

The main aim of this one-credit course is to help participants prepare for, gain from, and reflect upon their term abroad as a global experience. Through workshops, seminars, course readings, discussions, and local civic engagement, the course challenges students to become global citizens and ambassadors by actively participating in their own learning community as well as in the greater study abroad community, Northeastern, and beyond. Ongoing reflection helps students articulate their own experiences, respond to the experiences of others, and ultimately make connections between the two.

Digital Storytelling Project

The final project in The Global Experience is a reflection video, created by students to look back upon their time in their host countries as well as their experiences with Service-Learning.

SERVICE-LEARNING

Service-Learning Placements

The N.U.in Australia: USYD students engage in ongoing Service-Learning placements as part of the Global Experience course. This is a major, required component of the GE course and is often the central topic of class discussions and assignments. Having this exciting component built into their schedules enables students to build relationships with their respective organizations, engage in meaningful service, and see a different side of Australian culture by further integrating into the local Sydney community. Simultaneously, participants develop professional skills that they can apply to future courses, co-ops, jobs, and study abroad experiences.

The N.U.in Australia: USYD students typically participate in a combination of weekly individual service commitments and one-time group service events.

What is Service-Learning?

Service-Learning differs from traditional volunteerism in that the volunteering is ongoing, tied to the academic curriculum, and paired with purposeful reflection. In this form of experiential learning, students engage in hands-on service roles, through which they learn about and apply course concepts while intentionally addressing the needs identified by community-based partners.
SERVICE-LEARNING PLACEMENTS

Service-Learning placement examples could include:

- **Second Bite**: provides access to fresh, nutritious food for people in need across Australia
- **Our Big Kitchen**: prepares meals for distribution to people in need across Sydney
- **Bicycle Network**: promotes a healthy lifestyle by incorporating physical activity into everyday life
- **Glebe Youth Services**: After school programming
- **Sydney Story Factory**: Creative writing with at-risk kids
- **Ultimo Public School**: Year 1 Reading Group

Participants are assigned to their Service-Learning organization once they arrive in Sydney. Staff use the Volunteer Background Survey filled out by students prior to departure to help place them at appropriate locations that align with their abilities. Please note that all placements may not be aligned with the skills indicated.

TEXTBOOKS

A textbook list will be available on the N.U.in website prior to departure, though we recommend that participants wait until arriving on site to purchase the necessary books. It is generally a good idea to review the syllabus for a class prior to buying any materials. Packing textbooks is also cumbersome when traveling abroad.

GRADING & TRANSCRIPTS

Grades received from USYD may look very different when compared to what students may be used to seeing. The grade conversion chart on the next page provides an outline of the USYD grades and their approximate conversion to Northeastern grades.

Official transcripts for The N.U.in Program are issued by our partner institutions, and will be mailed to the N.U.in Program office in Boston after completion of the fall semester. They will be distributed at a set time and place, and then will be available for pick-up from our office. In order to receive transfer credit, participants must attain a grade of “C” or better in the US grading system.

In accordance with Northeastern’s transfer credit policies, participants’ final grades will not appear on their Northeastern transcripts or count toward their GPAs. Each student’s Northeastern degree audit and official transcript will only reflect that he or she has received credit for a course, but not the grade itself. However, if a student decides to transfer to a different school or applies for further educational opportunities or scholarships, official transcripts from all institutions attended will typically be requested.
# University of Sydney - Northeastern University Grade Conversion Chart

<table>
<thead>
<tr>
<th>NU Grade</th>
<th>USYD Grade</th>
<th>USYD Mark</th>
<th>Grade Descriptions</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>High Distinction (HD)</td>
<td>85-100</td>
<td>Outstanding, insightful work. Goes beyond requirements of the task to develop a response, which is thoughtful, reflective, and considers alternative views and makes connections among ideas and information from different sources or from different aspects of the course. Well researched and documented. Displays creativity and originality.</td>
</tr>
<tr>
<td>A</td>
<td>Distinction (D)</td>
<td>75-85</td>
<td>Very good work. Purposefully and logically developed. Thoroughly addresses all aspects of the task. Synthesis of details and concepts from various sources or topics shows evidence of sound understanding and thoughtful examination. Research information appropriately cited.</td>
</tr>
<tr>
<td>B</td>
<td>Credit (C)</td>
<td>65-75</td>
<td>Good work. Generally clear, accurate and relevant. Adequately addresses all requirements of the task. Demonstrates understanding of course concepts, with evidence of some thoughtful examination and reflection. Development is generally logical, facts generally correct. Tends to focus on one interpretation.</td>
</tr>
<tr>
<td>C</td>
<td>Pass (P)</td>
<td>50-65</td>
<td>Satisfactory work. Shows basic understanding of concepts with minimal evidence of reflection or thoughtful analysis. Complies with the basic requirements, relies on limited sources of information, little integration of concepts.</td>
</tr>
<tr>
<td>F</td>
<td>Fail (N)</td>
<td>is 49 and below</td>
<td>Unsatisfactory work. Fails to address the topic in a meaningful way. May be extremely brief, inaccurate, illogical or undeveloped.</td>
</tr>
</tbody>
</table>

## Additional USYD Grades

<table>
<thead>
<tr>
<th>Result</th>
<th>Symbol</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Attempt</td>
<td>NA</td>
<td>(i.e. the student has not attempted any assessment)</td>
</tr>
<tr>
<td>Absent Fail</td>
<td>AF</td>
<td>Student did not attempt one or more compulsory assessments</td>
</tr>
<tr>
<td>Discontinue Not to Count as Fail</td>
<td>DC</td>
<td>Discontinued unit of study in two week period following the census date</td>
</tr>
<tr>
<td>Discontinue Fail</td>
<td>DF</td>
<td>Student discontinues unit of study more than 2 weeks after census date but before end of teaching for the semester</td>
</tr>
</tbody>
</table>
### GENERAL SAFETY INFORMATION

Just as in any city, it is important for students to take precautions, be mindful of their surroundings, and follow basic safety principles.

- Walk along well-lit areas and avoid alleys or poorly-lit areas.
- Use the buddy system and do not travel alone at night.
- Avoid public demonstrations, riots, and other civil disturbances.
- Keep a low profile, and avoid loud conversations or arguments.
- Do not discuss travel plans or other personal matters with strangers.
- Wear the shoulder strap of your bag across your chest.
- Look purposeful when moving about. Even if lost, act as if you know where you are going.
- Try to ask for directions only from individuals in authority (police officer, train operator, etc.).
- Make a note of emergency telephone numbers: the N.U.in staff, police, fire, hotel (if traveling), and the nearest US embassy or consulate.

### Registering Your Travel Plans

As an added layer of protection, students may register their travel plans with the greater Northeastern community, the US Department of State, and WorldAware.

#### Register on your myNEU portal

Go to the Self-Service tab and select “My Travel Plans” under the section labeled Registrar. Fill out all required personal information and see below for guidance on specific program details:

- Select “Create New”
- Select “University” and “International”
- Enter the Program Information:
  - Program Trip: N.U.in Australia – University of Sydney
  - Initial Travel Term: Fall 2016 Semester
  - Multiple Terms: No
  - Dates of Program: July 17, 2016 – November 20, 2016
  - On-campus contact: The N.U.in Program; Phone: 617 373 6447; Email: nuin@neu.edu
- Enter the Trip Contact Information:
  - Location Name: University of Sydney
  - Street Address: The University of Sydney, NSW 2006, Australia
- Enter the Flight Information (depends on your flight)
- Click Submit!
Register for Smart Traveler Enrollment Program (STEP) with US Department of State

- Visit the US Embassy Website: https://travelregistration.state.gov
- Create an account by clicking “If not, click here to create an account” (underneath the log in)
- Once you have an individual account, follow the steps to fill out the required information:
  - Address to use while in Australia:
    - The University of Sydney
    - New South Wales 2006
    - Australia
  - Dates of Program: July 17, 2016 – November 20, 2016

Travel Information Form

The N.U.in Program would like to collect travel information for all participants. Whether you are traveling to your N.U.in location on the Group Flight, or you are traveling independently, we would appreciate your cooperation in providing us with your travel plans.
MEDICAL FACILITIES

USYD has a private clinic located on campus with general practitioners and nurses who are available during normal operating hours. The University Health Service Center offers both experienced practitioner and emergency medical care services to all students of the university, including N.U.in students. If students need further, or more emergent care, there is a hospital near campus that students may visit, if necessary.

University Health Service Center
Level 3
Wentworth Building
City Road
Darlington Campus
Ph.: 9351 3484
Hours of Operation: 8:30 a.m. - 5:30 p.m.

Nearby hospital to USYD campus:
Royal Prince Alfred Hospital
Level 11
KGV Building
Missenden Road
Camperdown NSW 2050
Ph.: 9515 6111

HEALTH INSURANCE & WORLDWARE

Health Insurance

All N.U.in Australia: USYD students are required to maintain health insurance as part of their visa requirements, and are covered by Overseas Student Health Cover (OSHC), an authorized provider of health coverage for international students. The cost for this health coverage is included in The N.U.in Program fee.

There is an OSHC representative conveniently located on the USYD campus to assist students with all OSHC inquiries, including details about their OSHC policy, advice when filing claims for reimbursement, instructions about how to order an OSHC membership card online, and much more.

OSHC is sufficient for a routine doctor’s visit to address a head cold or a sore throat. However, if a participant has a pre-existing condition that can be managed while abroad, but will require some medical attention, consider looking into additional coverage. We recommend reading the OSHC policy documents carefully, looking into what your current insurance carrier will cover abroad, and making a decision as a family about what additional coverage is necessary.

International students might need to arrange for coverage with a company in their home country. Most policies do not cover international students traveling in a country other than the US.

Packing Prescriptions

Please note that not all medications may be available in Australia. If possible, arrangements should be made for bringing an entire semester’s worth of medication or for shipping medications to the student throughout the duration of the semester. Aon WorldAware can be a very useful resource for questions about prescription medication, availability, and restrictions.

Please pack prescription medication in carry-on luggage in their original containers. Please refer to the Australian Customs and Quarantine department for additional advice, as requirements can change from time to time.
Health & Safety

WorldAware

WorldAware provides students with access to worldwide, quality health care, travel warnings, and emergency assistance services 24-hours a day. This can include access to logistics coordinators, doctors, security professionals, and network providers like hospitals, physicians, ambulances, and aviation resources. Membership provides students with pre-travel information and advice, rapid response, emergency help, and evacuation capabilities.

All N.U.in students are automatically enrolled in WorldAware, and will receive an email with information on how to access the mobile application. They are also automatically granted access to the risk managed travel website. They may contact WorldAware at the following number specific to Northeastern University members: +1.312.470.3108.

Before departure, to prepare:

- Access accurate, updated information on the WorldAware mobile application.
- Visit the risk managed travel website or call the WorldAware operations center for pre-travel information (e.g. vaccination, required medications, and travel security concerns).

While abroad, stay healthy, safe and secure. Contact WorldAware for:

- Health, safety and security advice.
- Access to speak with an experienced, Western-trained doctor or security specialist.
- Assistance finding a local doctor or other provider credentialed by their medical staff.
- Information regarding prescription medication or medical equipment.
- Assistance due to the loss of travel documents or legal advice.

In an emergency, call WorldAware immediately to:

- Arrange for medical transportation or care.
- Coordinate medical fees, when approved (note: WorldAware may front costs for medical care while your personal insurance is pending, but as it is not an insurance provider it will not cover any costs).
- Monitor local conditions and receive advice.
- Evacuate to a center of medical excellence if local care is inadequate.
- Provide help if one’s personal safety is at risk.
- Contact family members whom the participants indicate are emergency points of contact.

Access WorldAware Mobile Application

- All participants are automatically enrolled in WorldAware and will receive an email with information on how to access the mobile application.
- Search “WorldAware” on your mobile phone application store to download.
- Save the number to contact WorldAware, specific to Northeastern University: +1.312.470.3108.
NORTHEASTERN CODE OF STUDENT CONDUCT & N.U.in SUPPLEMENT

The Northeastern Code of Student Conduct

The purpose of the Code of Conduct is to set expectations of behavior that promote the safety and welfare of the Northeastern University community. The University seeks to provide a supportive environment that is conducive to learning, the pursuit of truth, the exchange of knowledge, the intellectual development of students, and the general good of society. In those instances where violations of the behavioral expectations occur, Northeastern University has developed policies and procedures to protect the rights of members of the University community, individually and collectively.

The N.U.in Supplement

This supplemental guide establishes the guidelines and processes specific to The N.U.in Program, as they may differ from or incorporate the Northeastern University Code of Student Conduct.

As a participant in The N.U.in Program, you are responsible for adhering to the rules and regulations published in Northeastern University’s Code of Student Conduct, the policies of your partner institution or educational partner, and the guidelines set forth and/or referenced in the supplemental guide, as may be amended from time to time. Behavior by participants at any time during The N.U.in Program that is found in violation of the Code of Student Conduct, this supplemental guide, partner institution conduct policies, local, state, federal law or laws of the host country could adversely affect the educational mission of N.U.in and Northeastern University or its relationship with the surrounding international community and may subject participants to discipline.

The N.U.in Program seeks to provide participants with an opportunity to have an early study abroad experience, increase their intercultural competency, and form a supportive community that facilitates the transition from high school to college, with the opportunity to earn academic credit. In addition, The N.U.in Program strives to provide participants with a healthy, supportive and welcoming community. In those instances where violations of the behavioral expectations set forth in the aforementioned documents occur, The N.U.in Program and Northeastern University have developed procedures to address the violations, with the goal of serving the interests of members of the community, individually, and collectively.

The N.U.in Program site staff will administratively handle alleged violations that occur at an N.U.in site and involve an N.U.in participant. The Office of Student Conduct and Conflict Resolution, in collaboration with the NU Global Office and Northeastern University Admissions, will handle alleged violations that occur at an N.U.in site, involve an N.U.in participant, and could involve withdrawal and/or dismissal from The N.U.in Program or rescission of admission to Northeastern University. Find both of these documents on our website.
EMERGENCY PROTOCOL

Duty & Staff Availability

The first point of contact for participants is always the N.U.in staff. International Student Advisors (ISAs) live within the same building as the students, and serve in a similar capacity as Resident Assistants (RAs) in Northeastern residence halls. Additional staff may be provided by our partner institutions to assist within the residence halls or with cultural adjustment and understanding. Students should feel comfortable approaching our staff, and asking for assistance or advice at any time.

One ISA and one professional staff member (Site Lead or Assistant Site Lead) are on duty at all times, meaning that a staff member can always be reached, 24 hours a day, 7 days a week. There will be a specific duty phone number to be distributed to students prior to departure. Participants may contact this number for emergency reasons. Common concerns include inquiries about how to set up a doctor’s appointment, visit a hospital, or navigate an emergency situation, though any question can be addressed to a staff member on duty.

Doctor & Hospital Visits

Students can request guidance at any time when it comes to medical care and visits, and an ISA is always available to accompany a student to a doctor’s appointment. Typically, students are seen by a local doctor for routine ailments such as a cold, cough, or sore throat. The local doctor or clinic may recommend that a student visit a hospital for any more serious injury or illness. In an emergency situation, a student may be transported directly to a hospital. Staff usually accompanies students for all hospital visits, especially in emergency situations.

Escalated Incidents

Participants will typically contact the duty phone first, and speak with the ISA on duty. Depending upon the situation, a professional staff member may become involved, along with any medical professionals, if needed. If an incident is more serious, the Boston office will be contacted by site staff, ensuring that all members of the N.U.in team are aware of any escalated situations on-site.

Parental Notification

Parents will be contacted in the event of a medical emergency. The N.U.in team will encourage participants to make the initial contact to their parents, though staff will reach out to parents if the student is unable to do so.
TRAVELING WHILE ABROAD

Policies for Travel While On-site

Participants may travel to locations outside of their host cities/countries if they wish. As a safety precaution, any student who leaves for one or more nights must fill out an Acknowledgement of Risk and Informed Consent for Program Deviation form. This online form collects information including the dates and destination, means of travel and any flight/train numbers and times, and names of other students who may be traveling as a group. This form will be made available before students arrive on site.

WITHDRAWAL POLICY

A great deal of advance planning is required to develop The N.U.in Program. Immediately upon your deposits, N.U.in makes financial commitments to travel agents, as well as to each partner institution to secure housing, class space, and co-curricular activities. Therefore, a participant who withdraws from the program at any time after placing the deposits will be responsible for all non-recoverable expenses incurred by The N.U.in Program (related to the withdrawing participant). Non-recoverable expenses may include but are not limited to travel costs, partner institution tuition, and housing costs. Individuals are urged to plan carefully and are required to review and understand the withdrawal policy. If a participant has not paid the program fee in full or entered into a payment plan by July 15, 2016, they will not be eligible to participate in The N.U.in Program and any deposits made will be forfeited.

If a participant is asked to leave The N.U.in Program in connection with any violation of an applicable policy:

• No refund will be granted.
• Northeastern spring admission status will be reviewed and possibly rescinded.

If a participant leaves The N.U.in Program for medical reasons supported by a physician:

• The participant will be refunded any recoverable costs.
• Northeastern spring admission status may not be affected.

If a participant chooses to leave The N.U.in Program for personal reasons such as homesickness, family concerns, language difficulties, adjustment issues, climate, geography, or political climate:

• No refund will be granted and the participant will be charged for any fees related to changing the date of the airline ticket.
• Northeastern spring admission status may not be affected.

If a participant withdraws from The N.U.in Program prior to the program start date due to an inability to obtain a student visa:

• The participant may be refunded any recoverable costs.
• Northeastern spring admission status may not be affected.

If a participant would like to officially withdraw from the program and decline their admission to Northeastern University, they must go through their MyNEU portal: http://myneu.neu.edu. Click “Decline Admission” under the self-service or enrollment tab. Student must fill out the pop-up window and press “go” for their withdrawal to be officially registered with the University. If you have forgotten your passport, you may click on “forgot password” on the login screen. If you have forgotten both your username and password, please call 617.373.4357 to get assistance in recovering your username.
POLICIES & PROTOCOLS

TRANSFER CREDIT & ENROLLMENT POLICIES

Northeastern’s Transfer Credit Policy

The N.U.in staff has worked closely with the Northeastern University Colleges and our partners abroad to ensure that students are enrolled in courses abroad that fulfill Northeastern major, core, and elective requirements. Upon returning to campus, all courses successfully completed with a grade equivalent of a “C” or higher while in The N.U.in Program will appear on students’ Northeastern academic records as transfer credit, but will not be calculated into their Grade Point Average. Students receive one original transcript each, which will have their grades from our partner institutions abroad should they require the transcripts to apply to graduate school or other post-undergraduate opportunities. Any additional copies will need to be requested directly from our partner institutions by students.

Enrollment in The N.U.in Program

Without exception, all students must successfully complete their current academic program and submit all final transcripts. Students must also submit proof of graduation, which is typically found on their final high school transcripts. Failure to submit final high school transcripts may impact financial aid awards, and failure to complete one’s current academic program in good standing could result in a decision to rescind the offer of admission to The N.U.in Program and the university.

Matriculation to Northeastern

Participants must successfully complete their N.U.in Program courses during the fall semester. Failure to complete coursework and earn a grade of “C” or better could result in the need to take extra courses during the summer or subsequent semesters, or a decision to postpone the student’s matriculation to Northeastern University.

Disciplinary issues that have occurred since admission, at Pre-departure Orientation, while participating in The N.U.in Program, at Northeastern’s New Student Orientation programs, during Move-In, or prior to the official start of the semester, must be fully disclosed. Northeastern reserves the right to rescind your offer of admission or engage in any appropriate disciplinary action related to these issues.
REVERSE CULTURE SHOCK

Not only may students experience culture shock while living in a foreign country, but they may also encounter “reverse culture shock.” Reverse culture shock occurs when students return to their home country after having been away for an extended period of time. Symptoms of reverse culture shock resemble those of culture shock in many ways.

Reverse culture shock is usually described in four stages:

1. Disengagement
2. Initial euphoria
3. Irritability and hostility
4. Readjustment and adaptation

**Stage 1** begins before you leave your host country. You begin thinking about re-entry and making your preparations for your return home. You also begin to realize that it’s time to say good-bye to your friends abroad and to the place you’ve come to call home. The hustle and bustle of finals, farewell parties, and packing can intensify your feelings of sadness and frustration. You already miss the friends you’ve made, and you are reluctant to leave. Or, you may make your last few days fly by so fast that you don’t have time to reflect on your emotions and experiences.

**Stage 2** usually begins shortly before departure, and it is characterized by feelings of excitement and anticipation - even euphoria - about returning home. This is very similar to the initial feelings of fascination and excitement you may have when you first entered your host country. You may be very happy to see your family and friends again, and they are also happy to see you. The length of this stage varies, and often ends with the realization that most people are not as interested in your experiences abroad as you had hoped. They will politely listen to your stories for a while, but you may find that soon they are ready to move on to the next topic of conversation.

This is often one of the transitions to **Stage 3**. You may experience feelings of frustration, anger, alienation, loneliness, disorientation, and helplessness and not understand exactly why. You might quickly become irritated or critical of others and of your home culture. Depression, feeling like a stranger at home, and the longing to go back abroad are also not uncommon reactions. You may also feel less independent than you were while abroad.

Most people are then able to move onto **Stage 4**, which is a gradual readjustment to life at home. Things will start to seem a little more normal again, and you will probably fall back into some old routines, but things won’t be exactly the same as how you left them. You have most likely developed new attitudes, beliefs, habits, as well as personal and professional goals, and you will see things differently now. The important thing is to try to incorporate the positive aspects of your international experience while abroad with the positive aspects of your life at home in your home country.
SPRING 2017 NEW STUDENT ORIENTATION & BOSTON MOVE-IN

New Student Orientation

It is mandatory for all N.U.in students to take part in Spring New Student Orientation, held in early January, and hosted by the Office of New Student Orientation and Parent Programs. During this orientation program, students have the chance to meet N.U.in students from other locations and learn their way around campus and Boston. Students prepare for the start of their academic study at Northeastern by exploring their college and major, continuing to work with their academic advisors, learning more about experiential learning, and expanding their knowledge of what makes Northeastern unique. Parents and family members of students are invited to participate along with their student in the Orientation experience.

Students must register for Spring Orientation through their myNEU portals, beginning in late fall. An email will prompt students to register.

Boston Move-In

N.U.in students move into their Northeastern housing early January. Housing preferences are collected in early fall via an online form, and placements are made throughout late November and December.
WELCOME WEEK

Welcome Week is where it all begins. New students are about to embark on a life-changing journey. At Northeastern, you will engage, inspire, and transform in the rich mixture of courses, learning experiences, and activities that make a Northeastern education excellent and distinctive.

Welcome Week is packed with fun and exciting events. Students will be given many options to choose from, all with the goal of allowing you to meet your new classmates and to get to know your new surroundings. Students also have the opportunity to explore the many, diverse student organizations and clubs that they may join in the spring.

N.U.in TRANSITION MANAGERS

The N.U.in Program has full-time staff who are Site Leads/Transition Managers. These staff members spend the fall semester overseas at one of The N.U.in Program locations, directing and managing all facets of academic, administrative, and student life activities. In the spring, they return to the Boston campus and manage the transition of The N.U.in students into the Northeastern community, planning events and making themselves available to students as they adjust to the Boston campus.

Transition Managers also focus on improving the student experience each year, and are always interested in hearing feedback directly from N.U.in alumni. In addition to planning outings, they also organize focus groups to better understand students’ needs during their transition to campus. Students can always feel free to reach out to our Transition Managers if they need support navigating their new surroundings, or encounter an issue and require assistance.
CHECKLIST

Please review The N.U.in Program website for a list of tasks that should have been completed before Pre-departure Orientation.

**Academics**
- Work with N.U.in office and academic advisor to complete course registration
- Review textbook list online

**Travel and Safety**
- Make copies of important documents to leave at home: passport, ID, credit/ATM/debit cards (front and back), prescriptions, flight itinerary
- Save e-ticket email from Advantage Travel (typically sent week of departure)
- Explore WorldAware mobile application and website
- Check in with your health insurance provider about overseas coverage

**Banking**
- Prepare budget and make financial plans
- Check in with your local bank about using credit and debit cards abroad

**Communication**
- Check in with your phone company about options for using your phone abroad
  *Please note: students are required to have a local cell phone number while abroad*
- Help your family set up Skype, Face Time, Viber, etc. to stay connected with you while you’re away
- Join Facebook group for your site and follow us on Twitter/Instagram and use #NUin2016

**Personal**
- Gain cooking tips and tricks from your family
- Research your host city/country and get excited!
- Collect addresses of friends and family for sending postcards

**NOTES**

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