

Interdisciplinary Geriatric Competencies
Bouve College of Health Sciences

<p><u>Culturally Sensitive Care</u></p>	<p>Integrate one’s own and others’ attitudes, values, and expectations about aging into the care of older adults and their families.</p> <p>Integrate the attitudes, roles, language, culture, race, religion, gender and lifestyle of older adults into the care given to older adults by health providers, families and other assistive personnel.</p>
<p><u>Access to Services</u></p>	<p>Advocate for health care and community resources that are available, affordable and accessible to enable the older adult and their families to maximize functioning in the least restrictive environment.</p>
<p><u>Safety and Trust</u></p>	<p>Promote a safe, positive and healthy environment appropriate for the functional, physical, cognitive, psychological, and social changes common in old age.</p> <p>Apply ethical and legal principles to the complex issues that arise when providing health care to older adults and at the end-of life.</p> <p>Demonstrate ways to help older adults, families and caregivers understand and balance autonomy and safety decisions.</p> <p>Demonstrate knowledge of federal and state regulations that promote the safety and well being of older adults.</p>
<p><u>Interdisciplinary Team Work</u></p>	<p>Analyze factors in the health care environment that promote or prevent interdisciplinary collaboration.</p> <p>Maximize the equal and efficient care delivered to older adults through participation in interdisciplinary teams.</p>

<p><u>Education and Empowerment Skills</u></p>	<p>Assess family resources, knowledge and skills necessary to deliver care to older adults.</p> <p>Involve, educate and supervise family, caregivers, and assistive personnel in implementing best practices for older adults.</p> <p>Facilitate older adults’ active participation in their own health care.</p>
<p><u>Health Promotion and Disease Prevention</u></p>	<p>Identify biological and psychosocial risk factors that contribute to morbidity and mortality in older adults.</p> <p>Develop educational and behavioral interventions to reduce biological and psychosocial factors associated with morbidity and mortality in older adults.</p> <p>Integrate evidence-based practices into the preventive care delivered to older adults.</p>
<p><u>Assessment, Diagnosis, Intervention, and Evaluation</u></p>	<p>Assess, plan, intervene, and evaluate care of older adults (age and gender specific care and services).</p>
<p><u>Communication</u></p>	<p>Demonstrate effective, respectful and empathetic communication with older adults and their families.</p> <p>Analyze factors influencing changes in sensation and perception common in old age including cognitive, functional, physical, psychological and social</p>
<p><u>Technology Application</u></p>	<p>Integrate application of the latest technology to enhance the function, independence, and safety of older adults and caregivers across settings.</p> <p>Promote older adults’ use of technology across settings to enhance their own function, independence, and safety.</p>

**Research and Knowledge
Development**

Evaluate current research related to the care of the older adult.

Integrate research findings into care of the older adult.

Identify research questions and strategies related to care of the older adult.