

CURRICULUM VITA (updated February 29, 2008)

Personal Information

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Educational Background

Degree/Year: BA Psychology (with Distinction) - 1979
Institution: University of Michigan, Ann Arbor, MI

Degree/Year: Ph.D. Clinical Psychology - 1986
Institution: McGill University, Montreal, Canada

Licensure: Health Service Provider, Massachusetts #4289

Honors and Awards

Faculty Scholar Award, Institute on Urban Health Research, Northeastern University, 2004-05

Fellow, Academy for Eating Disorders, 2005

Distinguished Fellow Award, Institute for Advanced Study, La Trobe University, Melbourne, Australia, 2007-08

Professional Positions

2005- Professor
Department of Counseling and Applied Educational Psychology
Northeastern University

2001-2005 Associate Professor of Counseling Psychology
Department of Counseling and Applied Educational Psychology
Northeastern University

2000- Visiting Scholar in Psychology
Wesleyan University

1999- 2001	Associate Professor of Psychology University of Massachusetts Dartmouth
1998-	Associate Director Harvard Eating Disorders Center (now Harris Center for Education and Advocacy in Eating Disorders at MGH)
1994-1999	Assistant Professor of Psychology University of Massachusetts Dartmouth
1986-1998	Assistant Professor of Psychiatry Harvard Medical School
1986-98	Director, Eating Disorders Program Beth Israel Deaconess Medical Center
1987-88	Fellow, Eating Disorders Unit, Massachusetts General Hospital

Publications: Refereed articles

- Franko, D.L., & Edwards George, J. (in press). A pilot intervention to reduce eating disorder risk in Latina women. *European Eating Disorders Review*.
- Franko, D.L., Thompson, D., Bauserman, R., Affenito, S.G., & Striegel-Moore, R.H. (in press). What's love got to do with it? Family cohesion and eating behaviors in adolescent girls. *International Journal of Eating Disorders*.
- Franko, D.L. (in press). Race, ethnicity, and eating disorders: Considerations for DSM-V. *International Journal of Eating Disorders*.
- Franko, D.L., Striegel-Moore, R.H., Thompson, D., Affenito, S.G., Schreiber, G.B., Daniels, S.R., & Crawford, P.B. (in press). The relationship between meal frequency and body mass index in black and white adolescent girls: More is less. *International Journal of Obesity*.
- Franko, D.L., Dorer, D.J., Keel P.K., Jackson, S., Manzo, M.P., & Herzog, D.B. (in press). Interactions between eating disorders and drug abuse. *Journal of Nervous and Mental Disease*.
- Franko, D.L., & George, J.B.E. (in press). Eating disorders, culture, and ethnicity: Connections and challenges in group therapy. *Group*.
- Goebel-Fabbri, A., Fikkan, J., Franko, D.L., Pearson, K., Anderson, B., & Weinger, K. (in press). Insulin restriction and associated morbidity and mortality in women with Type I diabetes. *Diabetes Care*.
- Striegel-Moore, R.H., & Franko, D.L. (in press). Should Binge Eating Disorder be included in the DSM-V? A critical review of the state of the evidence. *Annual Review of Clinical Psychology*.
- Striegel-Moore, R.H., Franko, D.L., Thompson, D., Affenito, S.G., May, A., & Kraemer, H.C. (in press). Exploring the typology of Night Eating Syndrome. *International Journal of Eating Disorders*.

- Thompson-Brenner, H., Eddy, K.T., Dorer, D.J., Franko, D.L., Vashchenko, M., Kass, A.E., & Herzog, D.B. (in press). A personality classification system for eating disorders: A longitudinal study. *Comprehensive Psychiatry*.
- Leffler, D.A., George, J.B.E., Dennis, M., Schuppan, D., Cook, F., Franko, D.L., Blom-Hoffman, J., & Kelly, C.P. (in press). Factors that influence adherence to the gluten-free diet in adults with celiac disease. *Digestive Disease and Sciences*.
- Eddy, K.T., Dorer, D.J., Franko, D.L., Tahilani, K., Thompson-Brenner, H., & Herzog, D.B. (in press). Crossover in anorexia nervosa and bulimia nervosa: Implications for DSM-V. *American Journal of Psychiatry*.
- Eddy, K.T., Dorer, D.J., Franko, D.L., Tahiliani, K., Thompson-Brenner, H., & Herzog, D.B. (in press). Should bulimia nervosa be subtyped by history of anorexia nervosa? A longitudinal validation. *International Journal of Eating Disorders*.
- Stewart, M.C., Schiavo, R. S., Herzog, D.B., & Franko, D.L. (in press). Stereotypes, prejudice, and discrimination of women with anorexia nervosa. *European Eating Disorders Review*.
- Affenito, S.G., Thompson, D.R., Franko, D.L., Striegel-Moore, R.H., Daniels, S.R., Barton, B.A., Schreiber, G.B., Schmidt, M., & Crawford, P.B. (in press). Longitudinal assessment of micronutrient intake among African-American and White girls: The National Heart, Lung, and Blood Institute (NHLBI) Growth and Health Study. *Journal of the American Dietetic Association*.
- Holm-Denoma, J.M. Witte, T.K., Gordon, K.H., Herzog, D.B., Franko, D.L., Fichter, M., Quaalieg, N., & Joiner, T.E. (in press). Deaths by suicide among individuals with anorexia as arbiters between competing explanations of the anorexia-suicide link. *Journal of Affective Disorders*.
- Thompson-Brenner, H., Eddy, K.T., Franko, D.L., Dorer, D.J., Vashchenko, M., & Herzog, D.B. (in press). Personality pathology and substance abuse in eating disorders: A longitudinal study. *International Journal of Eating Disorders*.
- La Flair, L., Herzog, D.B., & Franko, D.L. (in press). Sexual assault and disordered eating in Asian women: Understanding the link. *Harvard Review of Psychiatry*.
- Edwards George, J.B., Leffler, D., Dennis, M., Franko, D.L., Blom-Hoffman, J. & Kelly, C.P. (in press). Psychological correlates of gluten-free diet adherence in adults with celiac disease. *Journal of Clinical Gastroenterology*.
- Franko, D.L., Thompson, D., Affenito, S.G., Barton, B.A., & Striegel-Moore, R.H. (2008) What mediates the relationship between family meals and adolescent health issues? *Health Psychology, 27* (2, Suppl), S109-S117.
- Taylor, C.B., Franko, D.L., Neumark-Sztainer, D., Paxton, S.J., & Shapiro, J.R. (2007). Public-health approach to eating disorders. *The Lancet, 369*, 1928.
- Franko, D.L., & Striegel-Moore, R.H. (2007). Psychosocial risk for eating disorders: What's new? *Annual Review of Eating Disorders, Part 1*, 51-62.
- Thompson, D.R., Obarzanek, E., Franko, D.L., Barton, B.A., Morrison, J., Biro, F.M., Daniels, S.R., & Striegel-Moore, R.H. (2007). Childhood overweight and cardiovascular disease risk factors: The National Heart, Lung, and Blood Institute Growth and Health Study *Journal of Pediatrics, 150*, 18-25.

- Franko, D.L., Becker, A.E., Thomas, J.T., & Herzog, D.B. (2007). Cross-ethnic differences in eating disorder symptoms and related distress. *International Journal of Eating Disorders, 40*, 156-164.
- Albertson, A.M., Franko, D.L., Thompson, D.R., Eldridge, A.L., Holschuh, N., Affenito, S.G., Bauserman, R., & Striegel-Moore, R.H. (2007). Longitudinal patterns of breakfast eating: Associations with BMI and physical activity in black and white adolescent girls. *Obesity, 15*, 2282-2289.
- Franko, D.L., & Keel, P.K. (2006). Suicidality in eating disorders: Occurrence, correlates, and clinical implications. *Clinical Psychology Review, 26*, 769-782.
- Cousineau, T.M., Franko, D.L., Ciccazzo, M., Goldstein, M., & Rosenthal, E. (2006). Web-based nutrition education for college students: Is it feasible? *Evaluation and Program Planning, 29*, 23-33.
- Cousineau, T.M., Franko, D.L., Green, T., Watt, M., & Rancourt, D. (2006). Feasibility testing of an interactive CD-ROM to teach young adolescents about puberty. *Journal of Youth and Adolescence, 35*, 1015-1021.
- Striegel-Moore, R.H., Franko, D.L., May, A., Ach, E., Thompson, D., & Hook, J.M. (2006). Should Night-Eating Syndrome be included in the DSM? *International Journal of Eating Disorders, 39*, 544-549.
- Biro, F.M., Striegel-Moore, R.H., Franko, D.L., Padgett, J., & Bean, J.A. (2006). Self-esteem in adolescent females. *Journal of Adolescent Health, 39*, 501-507.
- Herzog, D.B., Franko, D.L., Dorer, D.J., Keel, P.K., Jackson, S., & Manzo, M.P. (2006). Drug abuse in women with eating disorders. *International Journal of Eating Disorders, 39*, 364-368.
- Striegel-Moore, R.H., Franko, D.L., Thompson, D., Affenito, S., & Kraemer, H.C. (2006). Night eating: Prevalence and demographic correlates. *Obesity Research, 14*, 139-147.
- Frisch, M.J., Franko, D.L., & Herzog, D.B. (2006). Arts-based therapies in the treatment of eating disorders. *Eating Disorders: The Journal of Treatment and Prevention, 14*, 131-142.
- Frisch, M.J., Herzog, D.B., & Franko, D.L. (2006). Residential treatment for eating disorders. *International Journal of Eating Disorders, 39*, 434-442.
- George, J.E., Blom-Hoffman, J., & Franko, D. (2006). Celiac disease: Implications for psychologists and educators. *Communiqué, 34*, 38-40.
- Striegel-Moore, R.H., Thompson, D.R., Affenito, S.G., Franko, D.L., Barton, B.A., Schreiber, G.B., Daniels, S.R., Schmidt, M., & Crawford, P.B. (2006). Fruit and Vegetable Intake: Few adolescent girls meet national guidelines: The National Heart, Lung, and Blood Institute (NHLBI) Growth and Health Study. *Preventive Medicine, 42*, 223-228.
- Striegel-Moore, R.H., Thompson, D., Affenito, S.G., Franko, D.L., Obarzanek, E., Barton, B.A., Schreiber, G.B., Daniels, S.R., Schmidt, M., & Crawford, P.B. (2006). Correlates of beverage intake in adolescent girls: The National Heart, Lung, and Blood Institute Growth and Health Study. *The Journal of Pediatrics, 148*, 183-187.
- Striegel-Moore, R.H., Franko, D.L., Thompson, D., Barton, B.A., Schreiber, G.B., & Daniels, S.R. (2006). Caffeine intake in eating disorders. *International Journal of Eating Disorders, 39*, 163-165.
- Sherman, B.J., Savage, C.R., Eddy, K.T., Connor, C., Blais, M.A., Deckersbach, T., Jackson, S.C., Franko, D.L., Rauch, S.L., & Herzog, D.B. (2006). Strategic memory in adults with

- Anorexia Nervosa: Are there similarities to Obsessive Compulsive Spectrum Disorders? *International Journal of Eating Disorders*, 39, 468-476.
- Franko, D.L., Mintz, L.B., Villapiano, M., Green, T.C., Mainelli, D., Folensbee, L., Butler, S.F., Davidson, M.M., Hamilton, E., Little, D., Kearns, M., & Budman, S.H. (2005). Food, mood, and attitude: Reducing risk for eating disorders in college women. *Health Psychology*, 24, 567-578.
- Franko, D.L., Striegel-Moore, R.H., Bean, J., Barton, B.A., Biro, F., Kraemer, H.C., Schreiber, G.B., Crawford, P.B., & Daniels, S.R. (2005). Self-reported symptoms of depression in late adolescence to early adulthood: a comparison of African-American and Caucasian females. *Journal of Adolescent Health*, 37, 526-529.
- Franko, D.L., Striegel-Moore, R.H., Bean, J., Tamer, R., Kraemer, H.C., Dohm, F.A., Crawford, P.B., Schreiber, G., & Daniels, S.R. (2005). Psychosocial and health consequences of adolescent depression in Black and White young adult women. *Health Psychology*, 24, 586-593.
- Franko, D.L., Dorer, D.J., Keel, P.K., Jackson, S., Manzo, M.P., & Herzog, D.B. (2005). How do eating disorders and alcohol use disorders influence each other? *International Journal of Eating Disorders*, 38, 200-207.
- Franko, D.L., Thompson, D., Russell, R., Schreiber, G.B., Crawford, P.B., Daniels, S.R., & Striegel-Moore, R.H. (2005). Correlates of persistent thinness in black and white young women. *Obesity Research*, 13, 2006-2013.
- Franko, D.L., Striegel-Moore, R.H., Thompson, D., Schreiber, G.B., & Daniels, S.R. (2005). Does adolescent depression predict obesity in black and white young adult women? *Psychological Medicine*, 35, 1505-1513.
- Franko, D.L., Thompson, D., Barton, B.A., Dohm, F.A., Kraemer, H.C., Iachan, R., Crawford, P.B., Schreiber, G.B., Daniels, S.R., & Striegel-Moore, R.H. (2005). Prevalence and comorbidity of major depressive disorder in young black and white women. *Journal of Psychiatric Research*, 39, 275-283.
- Keel, P.K., Dorer, D.J., Franko, D.L., Jackson, S. C., & Herzog, D.B. (2005). Post-remission predictors of relapse in eating disorders. *American Journal of Psychiatry*, 162, 2263-2268.
- Watt, M., Rancourt, D., Cousineau, T., & Franko, D.L. (2005). A pilot study of a multimedia puberty module for middle schoolers. *Journal of Nutrition Education and Behavior*, 37, 211-212.
- Striegel-Moore, R.H., Franko, D.L., Thompson, D., Barton, B.A., Schreiber, G.B., & Daniels, S.R. (2005). An empirical study of the typology of Bulimia Nervosa and its spectrum variants. *Psychological Medicine*, 35, 1563-1572.
- Becker, A.E., Thomas, J.J., Franko, D.L., & Herzog, D.B. (2005). Disclosure patterns of eating and weight concerns to clinicians, educational professionals, family, and peers. *International Journal of Eating Disorders*, 38, 18-23.
- Barton, B.A., Eldridge, A.L., Thompson, D., Affenito, S.G., Striegel-Moore, R.H., Franko, D.L., Albertson, A.M., & Crockett, S.J. (2005). The relation of breakfast and cereal consumption to nutrient intake and body mass index: The National Heart, Lung and Blood Institute Growth and Health Study. *Journal of the American Dietetic Association*, 105, 1383-1389.
- Affenito, S.G., Thompson, D., Barton, B.A., Franko, D.L., Daniels, S.R., Obarzanek, E.,

- Schreiber, G.B., & Striegel-Moore, R.H. (2005). Breakfast consumption in black and white adolescent girls correlates positively with calcium and fiber intake and negatively with body mass index: The National Heart, Lung, and Blood Institute Growth and Health Study. *Journal of the American Dietetic Association, 105*, 938-945.
- Cogan, J.C., Franko, D.L., & Herzog, D.B. (2005). Federal advocacy for Anorexia Nervosa: An American model. *International Journal of Eating Disorders, 37* Supplement 1, S101-S102.
- Becker, A.E., Thomas, J.J., Franko, D.L., & Herzog, D.B. (2005). Interpretation and use of weight information in the evaluation of eating disorders: Counselor response to weight information in a national eating disorders educational and screening program. *International Journal of Eating Disorders, 37*, 38-43.
- Franko, D.L., Striegel-Moore, R.H., Brown, K.M., Barton, B.A., McMahon, R.P., Schreiber, G.B., Crawford, P.B., & Daniels, S.R. (2004). Expanding our understanding of the relationship between negative life events and depressive symptoms in black and white adolescent girls. *Psychological Medicine, 34*, 1319-1330.
- Franko, D.L., Keel, P.K., Dorer, D., Blais, M., Delinsky, S.S., Eddy, K.T., Charat, V., Renn, R., & Herzog, D.B. (2004). What predicts suicide attempts in women with eating disorders? *Psychological Medicine, 34*, 843-53.
- Striegel-Moore, R.H., Franko, D.L., Thompson, D.L., Barton, B.A., Schreiber, G.B., & Daniels, S.R. (2004). Changes in weight and body image over time in women with eating disorders. *International Journal of Eating Disorders, 36*, 315-327.
- Cousineau, T.M., Goldstein, M., & Franko, D.L. (2004). A collaborative approach to nutrition education for college students. *Journal of American College Health, 53*, 79-84.
- Striegel-Moore, R.H., Thompson, D., Franko, D.L., Barton, B.A., Affenito, S., Schreiber, G.B., & Daniels, S.R. (2004). Definitions of night eating in adolescent girls. *Obesity Research, 12*, 1311-21.
- Franko, D.L., Striegel-Moore, R.H., Barton, B.A., Schumann, B.C., Garner, D.M., Daniels, S.R., Schreiber, G.B., & Crawford, P.B. (2004). Measuring eating concerns in black and white adolescent girls. *International Journal of Eating Disorders, 35*, 179-189.
- Becker, A.E., Franko, D.L., Nussbaum, K., & Herzog, D.B. (2004). Secondary prevention for eating disorders. *International Journal of Eating Disorders, 36*, 157-162.
- Field, A.E., Franko, D.L., Striegel-Moore, R.H., Schreiber, G.B., Crawford, P.B., & Daniels, S.R. (2004). Race differences in accuracy of self-reported childhood body size among white and black females. *Obesity Research, 12*, 1136-1144.
- Striegel-Moore, R.H., & Franko, D.L. (2003). Epidemiology of Binge Eating Disorder. *International Journal of Eating Disorders, 34*, S19-S29.
- Becker, A.E., Franko, D.L., Speck, A., & Herzog, D.B. (2003). Ethnicity and differential access to care for eating disorder symptoms. *International Journal of Eating Disorders, 33*, 205-212.
- Goebel-Fabbri, A. E., Fikkan, J., & Franko, D.L. (2003). Beyond the manual: A flexible approach to cognitive behavioral therapy in the treatment of bulimia nervosa. *Cognitive and Behavioral Practice, 10*, 41-50.
- Keel, P.K., Dorer, D.J., Eddy, K.T., Franko, D.L., Charatan, D.L., & Herzog, D.B. (2003). Predictors of mortality in eating disorders. *Archives of General Psychiatry, 60*, 179-183.

- Franko, D.L. & Striegel-Moore, R.H. (2002). The role of body dissatisfaction as a risk factor for depression in adolescent girls: Are the differences black and white? *Journal of Psychosomatic Research*, 53, 1-9.
- Steiner-Adair, C., Sjostrom, L.A., Franko, D.L., Pai, S., Tucker, R., Becker, A.E., & Herzog, D.B. (2002). Primary prevention of risk factors for eating disorders in adolescent girls: Learning from practice. *International Journal of Eating Disorders*, 32, 401-411.
- Keel, P.K., Dorer, D.J., Eddy, K.T., Selwyn, S.E., Franko, D.L., Blais, M.A., Keller, M.B., & Herzog, D.B. (2002). Predictors of treatment utilization in women with anorexia and bulimia nervosa. *American Journal of Psychiatry*, 159, 140-142.
- Eddy, K.T., Keel, P.K., Dorer, D.J., Delinsky, S.S., Franko, D.L., & Herzog, D.B. (2002). Longitudinal comparison of anorexia nervosa subtypes. *International Journal of Eating Disorders*, 31, 191-201.
- Franko, D.F., Blais, M.A., Becker, A.E., Selwyn, S., Greenwood, D.N., Flores, A.T., Ekeblad, E.R., Eddy, K.T., & Herzog, D.B. (2001). Pregnancy complications and neonatal outcome in eating disordered women. *American Journal of Psychiatry*, 158, 1461-1466.
- Franko, D.L. (2001). Re-thinking prevention efforts in eating disorders. *Cognitive and Behavioral Practice*, 8, 265-270.
- Kassel, P.E. & Franko, D.L. (2000). Body image disturbance and psychodynamic psychotherapy with gay men. *Harvard Review of Psychiatry*, 8, 307-317.
- Franko, D.L. & Spurrell, E.B. (2000). Detection and management of eating disorders during pregnancy. *Obstetrics and Gynecology*, 95, 942-946.
- Franko, D.L. & Omori, M. (1999). Subclinical eating disorders in adolescence: A test of the continuity hypothesis and its psychological correlates. *Journal of Adolescence*, 22, 389-396.
- Franko, D.L. & Orosan-Weine, P. (1998). Prevention of eating disorders: Empirical, methodological, and conceptual considerations. *Clinical Psychology: Science and Practice*, 5, 459-477.
- Franko, D.L. (1998). Secondary prevention in college students at risk for eating disorders. *Eating Disorders: The Journal of Treatment and Prevention*, 6, 29-40.
- Franko, D.L. & Erb, J. (1998). Managed care or mangled care?: Treating eating disorders in the current healthcare climate. *Psychotherapy*, 35, 43-53.
- Franko, D.L. & Herrera, I. (1997). Body image differences in Guatemalan-American and White College Women. *Eating Disorders: The Journal of Treatment and Prevention*, 5, 25-33.
- Franko, D.L. (1997). Ready or not? Stages of change as predictors of outcome in brief group therapy for bulimia nervosa. *Group*, 21, 39-46.
- Marsh, V. & Franko, D.L. (1997). Retrospective perceptions of each parent's child-rearing conduct by same-sex sibling trios in African American and European American families. *The Journal of Psychology*, 131, 187-195.
- Shapiro, J. & Franko, D.L. (1997). Phagophobia: A form of psychogenic dysphagia. *Annals of Otolaryngology, Rhinology & Laryngology*, 106, 286-290.
- Franko, D.L. & Rolfe, S. (1996). Countertransference in the treatment of eating disorders. *Psychiatry*, 59, 108-116.
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- Franko, D.L. & Banitt, P. (1991). Potassium abuse in bulimia. *American Journal of Psychiatry*, *148*, 682.
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- Franko, D.L. (1987). Anorexia nervosa and bulimia: A self-help group. *Small Group Behavior*, *18*, 398-407.
- Franko, D.L., Powers, T.A., Zuroff, D.C., & Moskowitz, D.S. (1985). Children and affect: Sex differences in sadness and strategies for self-regulation. *American Journal of Orthopsychiatry*, *55*, 210-219.
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Publications: Book and Book Chapters

- Herzog, D.B., Franko, D.L., & Cable, P. (2007). *Unlocking the Mysteries of Eating Disorders*. McGraw-Hill; NY.
- Franko, D.L. & George, J.B.E. (in press). Overweight, eating behaviors and body image in ethnically diverse youth. In L. Smolak & J.K. Thompson (Eds.), *Body image, eating disorders, and obesity in youth*, Second Edition. American Psychological Association, Washington D.C.
- Mintz, L., Hamilton, E., Bledman, R.A., & Franko, D.L. (in press). Preventing eating and weight-related disorders: Toward an integrated best practices approach. In S.D. Brown & R.W. Lent (Eds.), *Handbook of Counseling Psychology (4th edition)*. Wiley: NY.
- Franko, D.L. (2006). Eating disorders in pregnancy and the postpartum: Empirically-informed treatment guidelines. In V.Hendrick (Ed.), *Psychiatric disorders in pregnancy and the postpartum: Principles and treatment*. The Humana Press, Totowa, NJ.
- Striegel-Moore, R.H., Franko, D.L., & Ach, E. (2006). Epidemiology of eating disorders: An update. In S. Wonderlich, J.E. Mitchell, M. de Zwaan, & H. Steiger (Eds.), *Annual Review of Eating Disorders* (pp.65-80). Oxford, United Kingdom: Radcliffe Publishing.
- Blom-Hoffman, J., George, J.E., & Franko, D.L. (2006). Childhood obesity. In G.Bear & K.

- Minke (Eds.), *Children's Needs III: Understanding and addressing children's needs*. National Association of School Psychologists.
- Herzog, D.B., Jackson, S.C., & Franko, D.L. (2006). The nature of adolescent anorexia nervosa and bulimia nervosa. In P. Cooper & A. Stein (Eds.), *Childhood feeding problems and adolescent eating disorders*. Wiley, NY.
- Striegel-Moore, R.H., & Franko, D.L. (2005). Adolescent eating disorders: Current research in epidemiology, risk, and treatment. In C.A. Essau (Ed.), *Child and Adolescent Psychopathology: Theoretical and Clinical Implications*. Brunner-Routledge, London.
- Franko, D.L., Wonderlich, S., Little, D., & Herzog, D.B. (2004). Diagnosis and classification of eating disorders. In J.K. Thompson (Ed.), *Handbook of eating disorders and obesity* (pp. 58-80). Wiley, N.Y.
- Striegel-Moore, R.H. & Franko, D.L. (2003). Reducing the multiple burdens of suffering: Access to care for eating disorders. In M. Mao & K. Halmi, (Eds.), *Evidence and experience in psychiatry: Eating Disorders* (pp. 400-403). Wiley, Chichester, U.K.
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Conference Presentations (past 5 years)

International

- Striegel-Moore, R., Franko, D., Thompson, D., Affenito, S., May, A., & Kraemer, H. Subtypes of night eating syndrome. Presented at the Eating Disorder Research Society, Port Douglas, Australia, August, 2006.
- Cousineau, T., & Franko, D.L. Targeting e-health obesity prevention for youth: Balancing evidence-based approaches with audience appeal. Presented at MedNet, Toronto, October, 2006.
- Franko, D.L., Striegel-Moore, R.H., Thompson, D., & Affenito, S. Do family meals in childhood predict adolescent health outcomes? Paper presented at the International Conference on Eating Disorders, Barcelona, June, 2006.
- Franko, D.L., Herzog, D.B., Tahilani, K., Ong, E., Dorer, D., & leGrange, D. The role of fluoxetine in treatment of women with anorexia nervosa. Paper presented at the International Conference on Eating Disorders, Barcelona, June, 2006.
- Franko, D.L., & Cousineau, T. Decreasing risk for eating disorders across the developmental Spectrum: Multimedia tools for children, adolescents, and college students. Workshop presented at the International Conference on Eating Disorders, Barcelona, June, 2006.
- Franko, D.L., Keel, P.K., Dorer, D., & Herzog, D.B. Suicidality in eating disorders: Report from a longitudinal study. Symposium presentation at the Association for European Psychiatry, Nice, March, 2006.
- Franko, D.L., & George, J.E. Culturally-specific prevention programming for Latina women. Paper presented at the International Conference on Eating Disorders, Montreal, April 2005.
- Herzog, D.B., Franko, D.L., Jackson, S.C., Manzo, M.P., Miller, K.K., & Klibanski, A. Does participation in osteoporosis treatment studies influence eating disorder symptoms in

- anorexia nervosa? Paper presented at the International Conference on Eating Disorders, Montreal, April 2005.
- Dohm, F.A., Franko, D.L., Biro, F., Crawford, P., Daniels, S., & Striegel-Moore, R.H. Traumatic experiences in a community sample of black and white women with and without an eating disorder. Poster presented at the International Conference on Eating Disorders, Montreal, April 2005.
- Franko, D.L., Striegel-Moore, R.H., & Thompson, D. Is adolescent depression a risk factor for obesity in young adulthood? Paper presented at the annual meeting of the Eating Disorders Research Society, Amsterdam, October, 2004.
- Franko, D.L., Mintz, L.B., Villapiano, M., & Green, T.C. Effectiveness of a multimedia prevention program for eating disorders. Presented at the annual meeting of the Eating Disorders Research Society, Ravello, Italy, October, 2003.
- Franko, D.L. Integrating risk factor research into eating disorders prevention for adolescents and young adults. Presentation at the 1st Charles University, Prague, Czech Republic, May, 2003.
- Franko, D.L., Striegel-Moore, R.H., Barton, B.A. Depression and traumatic life events: Results from a prospective community study of black and white adolescent girls. Paper presented at the European Conference on Traumatic Stress, Berlin, May, 2003.
- Franko, D.L. Prevention of eating disorders in adolescent girls: What next? Paper presented at the Academy for Eating Disorders Conference, Vancouver, May, 2001.
- Franko, D.L., Blais, M.A., Becker, A.E., and Herzog, D.B. Pregnancy in eating disordered women: A prospective study. Paper presented at the Eating Disorders Research Society meeting, Munich, Germany, November, 2000.
- Keel, P.K., Dorer, D.J., Franko, D.L., Eddy, K.T., et al. Who is dying from an eating disorder? Paper presented at the Eating Disorders Research Society meeting, Munich, Germany, November, 2000.

National

- Franko, D.L., Cousineau, T.M., Trant, M., Green, T.C., Ainscough, J., & Thompson, D. Might nutrition education programs for college students increase internalization of sociocultural ideals of thinness? Poster presented at the annual meeting of the Eating Disorders Research Society, Pittsburgh, October, 2007.
- Haines, J., Franko, D.L., Ziyadeh, N., & Austin, S.B. How well do brief measures of disordered eating behaviors used in large epidemiologic studies identify adolescents with eating disorders? Poster presented at the annual meeting of the Eating Disorders Research Society, Pittsburgh, October, 2007.
- Franko, D.L. Multimedia programs for eating disorder prevention: Challenges and opportunities. Paper presented at the International Conference on Eating Disorders, Baltimore, May, 2007.
- Franko, D.L., Cousineau, T., Watt, M., Brevard, J., & Pappas, J. Increasing healthy behaviors in college students through goal setting. Poster presented at the International Conference on Eating Disorders, Baltimore, May, 2007.
- Freizinger, M., Franko, D.L., Domar, A.D., Dacey, M., & Okun, B.F. The prevalence of eating disorders in an infertile population. Paper presented at the International Conference on Eating Disorders, Baltimore, May, 2007.
- Eddy, K.T., Dorer, D., Franko, D.L., Tahilani, K., Ong, E., & Herzog, D.B. Longitudinal

- diagnostic stability and crossover in anorexia and bulimia nervosa. Paper presented at the International Conference on Eating Disorders, Baltimore, May, 2007.
- Franko, D.L., Holm-Denoma, J., Witte, T., Gordon, K., Herzog, D.B., Fichter, M., Quadfleig, N., & Joiner, T. Examining the link between anorexia nervosa and suicide. Paper presented at the International Conference on Eating Disorders, Baltimore, May, 2007.
- Thompson-Brenner, H. Eddy, K.T., Franko, D.L., Dorer, D., Vaschenko, M., & Herzog, D.B. Personality classification system for eating disorders: A longitudinal study. Paper presented at the International Conference on Eating Disorders, Baltimore, May, 2007.
- George, J.E., Leffler, D.A., Dennis, M.M., Kelly, C.P., Franko, D.L., & Blom-Hoffman, J. Psychological correlates of gluten-free diet adherence in adults with celiac disease. Presented at the International Celiac Conference, New York, November, 2006.
- Watt, M., Brevard, J., Green, T.C., Franko, D.L., Pappas, J., & Cousineau, T.M. Promoting health in college populations: Benefits of web-based nutrition education for college students. Presentation at the annual meeting of the American Public Health Association, Boston, November, 2006.
- Franko, D.L. Integrating obesity and eating disorder prevention: Developing programs for adolescents and college students. Presentation at the annual meeting of the American Public Health Association, Boston, November, 2006.
- Striegel-Moore, R.H., Franko, D.L., Thompson, D., Obarzanek, E., Morrison, J., Schreiber, G.B., Biro, F., & Daniels, S. Childhood overweight and cardiovascular disease risk factors: The National Heart, Lung, and Blood Institute Growth and Health Study. Poster presented at the annual meeting of the American Public Health Association, Boston, November, 2006.
- Striegel-Moore, R.H., Franko, D.L., Thompson, D., Affenito, S., May, A., & Kraemer, H. Night eating syndrome: evidence of subtypes? Poster presented at the annual meeting of the American Psychological Society, New York, May 2006.
- Affenito, S.G., Thompson, D., Franko, D.L., Striegel-Moore, R.H., Daniels, S.R., Barton, B.A., Schreiber, G.B., & Crawford, P.B. Longitudinal assessment of micronutrient intake among African-American girls: The National Heart, Lung, and Blood Institute Growth and Health Study. Poster presented at the Food and Nutrition Conference and Exhibition at the American Dietetic Association, St. Louis, Missouri, October, 2005.
- Striegel-Moore, R.H., Franko, D.L., Thompson, D., Affenito, S., Schreiber, G., Crawford, P., & Daniels, S.R. Few adolescent girls eat the recommended number of servings of fruits and vegetables. Poster presented at the annual meeting of the American Psychological Association, Washington, DC, August, 2005.
- Franko, D.L., Striegel-Moore, R.H., Thompson, D., Barton, B.A., Dohm, F.A., & Kraemer, H.C. Comorbidity of major depression in young black and white women. Poster presented at the American Psychological Association, Honolulu, July, 2004.
- Cousineau, T., & Franko, D.L. Using multimedia technology for adolescent body dissatisfaction: A pilot study. Poster presented at the American Psychological Association, Honolulu, July, 2004.
- Striegel-Moore, R.H., Thompson, D., Franko, D.L., Barton, B.A. Empirical typologies of eating disorder behaviors using latent class analysis. Poster presented at the American Psychological Association, Honolulu, July, 2004.
- Becker A.E., Thomas, J.T., Franko, D.L., & Herzog, D.B. Weight in the evaluation of eating disorders. Poster presented at the American Psychological Association, Honolulu,

- July, 2004.
- Franko, D.L. Sociocultural influences on eating disorders. Paper presented at the Eating Disorders Coalition for Research, Policy, and Action, Washington, DC, April, 2004.
- Franko, D.L., Mintz, L.B., Villapiano, M., Green, T.C., Mainelli, D., Folensbee, L., Butler, S.F. & Little, D. *Food, Mood, and Attitude: A multimedia program to reduce eating disorder risk factors in college women*. Paper presented at the International Conference on Eating Disorders, Orlando, April, 2004.
- Franko, D.L., Dorer, D.J., Keel, P.K., Manzo, M.P., Jackson, J., & Herzog, D.B. Substance abuse in eating disorders: Predictors of onset and recovery. Paper presented at the International Conference on Eating Disorders, Orlando, April, 2004.
- Franko, D.L., Dorer, D.J., Manzo, M.P., Jackson, S., Keel, P.K., & Herzog, D.B. Substance abuse symptom clusters in eating disorders. Poster presented at the International Conference on Eating Disorders, Orlando, April, 2004.
- Franko, D.L., Striegel-Moore, Thompson, D., & Barton, B.A. Body dissatisfaction, self-esteem, and BMI in black and white adolescent girls. Paper presented at the International Conference on Eating Disorders, Orlando, April, 2004.
- Franko, D.L. Innovations in eating disorder prevention: Use of multimedia technology to reduce risk factors for disordered eating. Workshop presented at the International Conference on Eating Disorders, Orlando, April, 2004.
- Jackson, S., Manzo, M.P., Franko, D.L., & Herzog, D.B. Diagnostic migration in restricting anorexia nervosa. Poster presented at the International Conference on Eating Disorders, Orlando, April, 2004.
- Delinsky, S.S., Hildebrandt, T.B., Dorer, D.J., Franko, D.L., Jackson, S.C., Manzo, M.P., & Herzog, D.B. Patterns of purging among women with eating disorders. Poster presented at the International Conference on Eating Disorders, Orlando, April, 2004.
- Field, A.E., Franko, D.L., Striegel-Moore, R.H., Schreiber, G.B., Crawford, P.B., & Daniels, S.R. Race differences in accuracy of self-reported childhood body size among white and black females. Presented at the annual meeting of the North American Association for the Study of Obesity, Fort Lauderdale, October, 2003.
- Franko, D.L., Weinger, K., Goebel-Fabbri, A., Rodriguez, M., Fikkan, J., Pearson, K. and Anderson, B.J. Insulin Omission in Women with Type 1 diabetes: Validity of the Eating Disorder Inventory. Presented at the annual meeting of the American Diabetes Association, New Orleans, June 2003.
- Franko, D.L., Striegel-Moore, R.H., & Barton, B.A. Stability of the factor structure of the eating disorders inventory in black and white adolescent girls. Paper presented at the annual meeting of the Eating Disorders Research Society, Charleston, November, 2002.
- Franko, D.L., Dorer, D.J., Keel, P.K., Charat, V., Renn, R., & Herzog, D.B. Psychosocial adjustment and recovery from eating disorders. Paper presented at the International Conference on Eating Disorders, Boston, April, 2002.
- Franko, D.L., Striegel-Moore, R.H., Barton, B., & Schumann, B. Factor structure of the Eating Disorders Inventory in black and white adolescent girls. Paper presented at the International Conference on Eating Disorders, Boston, April, 2002.
- Franko, D.L., Keel, P.K., Dorer, D. and Herzog, D.B. Suicidality in eating disorders. Paper presented at the annual meeting of the Eating Disorders Research Society, Albuquerque, November, 2001.
- Franko, D.L. School-based prevention programs for young girls at risk for eating disorders.

- Paper presented at the National Assembly of School-Based Health Care, Detroit, June, 2000.
- Franko, D.L. Pregnancy complications and neonatal outcome in eating disordered women. Paper presented at the 9th Annual International Conference on Eating Disorders, New York, May, 2000.
- Franko, D.L. Integrating risk factor research into eating disorders prevention. Paper presented at the 107th convention of the American Psychological Association, Boston, August 1999.
- Franko, D.L. Prevention of eating disorders in young women at risk. Workshop presented at at the First Annual Conference of the Academy for Eating Disorders, San Diego, June 1999.
- Franko, D.L. Differences between and within: Eating behaviors and family interaction in Chinese, Japanese, and Southeast Asian women. Paper presented at the First Annual Conference of the Academy for Eating Disorders, San Diego, June 1999.

Regional

- Franko, D.L. Eating disorders: Detection, referral, and treatment in the primary care setting. Presented at the Veterans Affairs Mini-Residency on Women's Health, September, 2003.
- Franko, D.L. Group and cognitive behavioral approaches to the treatment of eating disorders. Paper presented at the Harvard Medical School conference on Eating Disorders, April, 2003.
- Franko, D.L., Villapiano, M., Cousineau, T., Folensbee, L., Mainelli, D., & Goldstein, M. Innovations in Eating Disorder Prevention: How Multimedia Tools Can Enhance Your Clinical Work. Paper presented at the annual meeting of the Massachusetts Eating Disorders Association, Boston, April, 2003.
- Franko, D.L. Treatment of eating disorders in college-aged & older women. Paper presented at the annual symposium of the National Association of Social Workers, Marlborough, May, 2002.
- Franko, D.L. Reproductive issues in women with eating disorders. Paper presented at the Partners in Perinatal Health Conference, Worcester, May, 2001.
- Franko, D.L. Translating treatment and risk factors into the prevention of eating disorders. Paper presented at the Massachusetts Psychological Association Health Psychology Initiative, Boston, October, 2000.
- Franko, D.L. Treating eating disorders: Bad habits or bad chemistry? Paper presented at the Harvard Medical School Conference, "Psychotherapy: Treatment and the Bio-Psychosocial Controversies," Boston, June 1999.
- Franko, D.L. Treatment strategies in eating disorders. Paper presented at the Harvard Medical School conference on "Obesity and Eating Disorders," Boston, June 1999.

Grant Support –Active

“Decreasing risk for eating disorders and obesity”

Principal Investigator: Debra L. Franko, Ph.D.

Provost Grant

Amount: \$18,000

Period: 1/1/08 – 6/30/10

This project is designed to decrease risk for eating disorders in two groups: college students at an Australian university and Latina students at Northeastern University. Intervention programs to decrease risk that have been found successful with other groups will be tested with these samples.

“Psychosocial Determinants of Nutrient Intake in Girls”

Principal Investigator: Ruth Striegel-Moore, Ph.D.

Agency: National Heart, Lung, and Blood Institute

Type: R01 HL071122-01

Amount: \$828,000

Period: 7/01/02 – 6/30/08

Role: Co-Investigator (15%)

This project will investigate the determinants of nutrient intake in African American and white adolescent girls to examine the effects of intake behaviors on obesity and eating disorders. The research will determine the extent to which psychological and familial factors contribute to nutrient intake beyond the well-established effects of ethnicity and socioeconomic factors.

“Promoting Fruit and Vegetable Consumption in Schools”

Principal Investigator: Jessica Blom-Hoffman, Ph.D.

Agency: National Institute of Child Health and Human Development

Type: 1 K23 HD047480-01

Amount: \$611,960

Period: 7/1/04 – 6/30/09

Role: Primary Mentor

This project is designed to develop a school-based, multi-component nutrition education program for kindergarten and first grade students, with booster sessions throughout the subsequent school years. The program will contain classroom, lunchtime, after school, and home components. It will focus on increasing children’s consumption of vegetables and fruits and increasing levels of physical activity and the longitudinal measurement of such behaviors.

“Special Report: Improving Body Image and Self-Esteem in Middle School”

Principal Investigator: Tara Cousineau, Ph.D.

Agency: NIDDK

Type: SBIR 2 R43 DK061269-02A2

Amount: \$871,220

Period: 6/01/04 – 5/30/08

Role: Co-Investigator (20%)

This project will develop an interactive web based primary prevention intervention that targets body dissatisfaction among 12-14 year old adolescents. This Phase II project will design the CD-ROM and field-test the program with over 250 middle school students.

“Bulimia Nervosa: Cognitive Behavior Therapy for Latinos”

Principal Investigator: Mae Lynn Reyes, Ph.D.

Agency: NIMH

Type: 1 F32 MH066523-01A1

Amount: \$156,927

Period: 7/1/03 – 6/30/07

Role: Consultant

This project will develop a manualized treatment using cognitive behavioral treatment for women with bulimia nervosa in Puerto Rico. The treatment will be tested with a large group of women in the San Juan area in an efficacy trial.

“Internet-Based Nutrition Education for College Students”

Principal Investigator: Tara Cousineau, Ph.D.

Agency: NIH/NIDDK

Type: SBIR 2 R44 DK061870-02A1

Amount: \$869,962

Period: 6/01/04 – 5/30/08

Role: Co-Investigator (20%)

This grant is designed to create a website that will provide nutrition education for college students. It will be part of a series of health-related websites called “MyStudentBody.com” for which modules on tobacco and alcohol use have already been funded. This Phase II project involves the design and testing of a risk assessment-based college nutrition website at 10 universities across the U.S.

“Web-based 5 A-Day Education for High School Students”

Principal Investigator: Tara Cousineau, Ph.D.

Agency: NIH/NIDDK

Type: SBIR 1R43 DK074280-01A1R44

Amount: \$100,000

Period: 8/01/04 – 7/30/07

Role: Consultant

The development and feasibility testing of a prototype online program for high school students, *Jive for Five*, is designed to increase fruit and vegetable intake and to promote healthier nutrition and life style changes using a stages-of-change tailored approach for personalized health messages.

Grant Support – Previous 5 years

“Depression in Black and White Adolescent Girls”

Principal Investigator: Debra L. Franko, Ph.D.

Agency: National Institute of Mental Health (NIMH)

Type: R01 MH064022-01

Amount: \$351,500

Period: 9/1/01 – 8/31/04

Role: PI (25% effort)

The aims of this project are to 1) determine ethnicity specific rates of depressive symptoms and syndromes of depression in Black and White females during adolescence and early adulthood; 2) test a biopsychosocial model of risk for depression in Black and White girls, by exploring the

relationship between risk factors (e.g., pubertal timing, coping style, stressful life events) and the emergence of depressive symptoms during adolescence; and 3) examine the outcomes of adolescent depression for Black and White women. Outcome measures include obesity and health services utilization, psychosocial adjustment, and psychiatric comorbidity, in young adulthood.

“Alcoholism in Women with Anorexia and Bulimia Nervosa”

Principal Investigator: David B. Herzog, M.D.

Agency: NIAAA

Type: 1 R03 AA013614-01A1

Amount: \$100,000

Period: 5/15/03 – 4/30/05

Role: Co-Investigator (10%)

This grant will examine the predictors and clinical correlates of alcohol use disorders in women with anorexia nervosa and bulimia nervosa.

“Substance Use Disorders in Women with Eating Disorders”

Principal Investigator: David B. Herzog, M.D.

Agency: NIDA

Type: 1 R03 DA015414-01A1

Amount: \$100,000

Period: 5/10/03 – 1/31/05

Role: Co-Investigator (10%)

This project will investigate the prevalence of substance use disorders in women with eating disorders and examine predictors of new onset cases.

“Prevention Eating Disorders and Weight Concerns in Latina Women”

Principal Investigator: Debra L. Franko, Ph.D.

Source: Institute on Urban Health Research

Type: Grant

Amount: \$5,177

Period: 10/1/03 – 9/30-04

Role: PI

The aim of the current study is to compare an existing CD-ROM eating disorders prevention program called *“Food, Mood, and Attitude”* alone to an enhanced prevention program that is designed specifically for Latina women.

Submitted Grants

- 1) “Internet-based eating disorders prevention for college students” submitted to NIH (August 2007)
- 2) “Treatment Response in Ethnic Minority Individuals with Binge Eating Disorder” submitted to NIMH (October 2007)

- 3) “Web-Based 5 A Day Nutrition Education for Adolescents” to be submitted to NIH (December 5, 2007)
- 4) “Suicidality in Eating Disorders” submitted to the American Suicide Prevention Foundation (resubmission) (December 15, 2007)

Teaching

Course Number	Title	Quarter/Semester	# Students in section
CRS 3310-01	Psychopathology I	Fall 2001 - Q	27
CRS 3310-02	Psychopathology I	Fall 2001 - Q	17
CRS 3311-01	Psychopathology II	Winter 2002 - Q	31
CRS 3311-02	Psychopathology II	Winter 2002 - Q	10
CRS 3310-03	Psychopathology I	Fall 2002 - Q	35
CRS 3587-02	Clinical Skills I	Fall 2002 - Q	15
CRS 3311-02	Psychopathology II	Winter 2003 - Q	32
CRS 3588-02	Clinical Skills II	Winter 2003 - Q	13
CRS 3589-02	Clinical Skills III	Spring 2003 - Q	13
CAP G399-02	Clinical Skills in Counseling Psychology	Fall 2003 - S	8
CAP G230-01	Health Issues in Counseling	Fall 2003 - S	19
CAP G401-01	Practicum in Counseling Psychology	Spring 2004 - S	7
CAP G230-01	Health Issues in Counseling	Spring 2004 - S	22
CAP G399-01	Clinical Skills in Counseling Psychology	Fall 2004-2006	15
CAP G401-01	Practicum in Counseling Psychology	Spring 2005-2007	15
CAP G720-01	Advanced Clinical Interventions	Spring 2005-2007	10

Supervision of Graduate Students:

Melissa Freizinger, Ph.D.: “*The prevalence of eating disorders in infertile women*” (Chair)
(defended 11/29/06)

Jessica George, Ph.D.: “*Psychological correlates of gluten-free diet adherence in adults with celiac disease*” (Chair)
(defended 9/21/06)

Elodia Thomas, Ph.D. “*Caregiver burnout in treating elderly terminal patients*”
(graduated spring 2006)

Rich Gershberg, M.A. “*New perspectives in the assessment and treatment of people with chronic and persistent mental illness: Symptoms v. Functioning*”
(graduated fall 2005)

Andrea Gurney, Ph.D.: “*The effect of maternal religiosity, social support, and parenting style on the mother-child relationship in black families*”
(graduated fall 2004)

Susan Connell, Ph.D.: “*Ethnic differences in subclinical eating disorders*”(Chair)
(graduated fall 2003)

Lissie Bates-Haus, Ph.D.: *“The influence of interpersonal relationship distress on eating concerns of college women”*
(graduated fall 2002)

Service and Professional Development

Institutional:

Department Service:

- Search Committee Member, 2001-02, 2003-04, 2005-07
- Merit Committee Member, 2002-03
- Admissions Committee Member, 2001-present
- Chair, Comprehensive Exam Committee, 2002-present
- Director, Psychology and Education Clinic, 2001-2004
- Faculty Mentor, 2002-present

College and University Service:

- By-laws Committee Member, 2001-02, 2004-05, 2006-07
- Faculty Council Member, 2003-04
- Research and Development Committee 2004-06, 2006-07
- Health Services liaison in eating disorders, 2001-present
- Member, Community Task Force Committee

Professional Service:

Editorial Board, *Body Image: An International Journal of Research*
Editorial Board, *International Journal of Eating Disorders*

Ad Hoc Reviewer for the following journals:

- *Journal of Adolescent Health*
- *Sex Roles*
- *Journal of Clinical Psychiatry*
- *Journal of Psychosomatic Research*
- *Health Psychology*
- *Journal of Social and Clinical Psychology*
- *International Journal of Eating Disorders*
- *Journal of Abnormal Psychology*
- *Obesity Research*

Associate Director, Harvard Eating Disorders Center at Massachusetts General Hospital

Newsletter Editor, Academy for Eating Disorders, 2003-2006

Co-Chair, Public Affairs Council, Academy for Eating Disorders, 2003-2006

Conference Committee Member, International Conference on Eating Disorders 2004, 2006, 2008

Conference Committee Co-Chair, International Conference on Eating Disorders 2009

Public Service:

- Guest Editor, *Odyssey Magazine*, special issue on eating disorders
- Frequent contributor to media requests
- Lecturer on eating disorders to school and community groups